Abu Dhabi International Conference in Dermatology and Aesthetics

19th-20th November, 2015
Jumeirah at Etihad Towers
Abu Dhabi, UAE

www.aidacongress.com
Welcome Message

Dear Colleagues,

On behalf of the scientific committee, it’s our pleasure to welcome you to the “Abu Dhabi International Conference in Dermatology and Aesthetics (AIDA)” which is planned to be held on 19-20 November, 2015 at Jumeirah at Etihad Towers, Abu Dhabi, UAE.

The conference will present an outstanding program featuring medical, surgical, cosmetic techniques, plenary sessions; meet the expert sessions, demonstrations and concurrent clinical practice workshops.

The program will also include new and innovative non-surgical cosmetic medicine procedures delivered by the foremost thought leaders in dermatology and Aesthetic Medicine in a highly interactive and impactful way so that physicians can acquire new knowledge and skills that they put into practice immediately.

We would like to express an evolution in the practice of medicine that better serves the healthcare needs of the 21st century. Anti-Aging medicine addresses the underlying cause of the disease, and encourages a therapeutic partnership between physician and patient.

This meeting will offer a superb opportunity for physicians and Medical specialists to attend expert updates and to share best practices and experiences and to network with new and established colleagues, creating and strengthening clinical collaborations.

We hope that you enjoy the conference and take away valuable learning experience that can apply at your practice.

Zuhair Al-Fardan, MD. FRCSC
Conference Co-Chair
Plastic and Reconstructive Surgeon
Asst. Prof. Department of Surgery
UAE University, CMHS
Medical Director Eternal Clinic

Khaled Othman, MD
Conference Chairman
Consultant Dermatology
Advanced Center for Daycare Surgery,
Abu Dhabi, UAE

Yasser Elassiuty, MD
Conference General Secretary
Consultant Dermatology,
Iris Medical Center,
Abu Dhabi, UAE
Organizing Committee

Khaled Othman, MD
Chair, Organizing Committee
Consultant Dermatology
Advanced Center for Daycare Surgery,
Abu Dhabi, UAE

Yasser Ellassiuty, MD
Consultant Dermatology
Iris Medical Center
Abu Dhabi, UAE

Christen Youssef, MD
Asst. Lecturer of Dermatology, Egypt
Everlast Wellness Medical Center, UAE

Heba Khedr, MD
Dr. Amina Al Amiris Clinic,
Dubai, UAE

Khaled Afify
General Manager,
MENA Conference
Abu Dhabi, UAE

Scientific Committee

Najla Taher, MD
Chair, Scientific Committee
Head of Dermatology,
Abu Dhabi Police Medical Services
Abu Dhabi, UAE

Khaled Othman, MD
Consultant Dermatology
Advanced Center for Daycare Surgery
Abu Dhabi, UAE

Thomas G. Berger, MD
Consultant, Dermatology, Allergy,
and Cosmetic Dermatology, Bodyworks,
Assistant Professor, Faculty of Dermatology,
University of Erlangen, Germany
Health Bay Clinic, Dubai, UAE

Mohamed Eladaroty, MD, PhD
Professor of Dermatology,
Cairo University, Cairo, Egypt

Nawaf B.S.N. Al-Mutairi
Professor - Department of Medicine,
Head of Dermatology Department,
Farwaniya Hospital, Kuwait

Samir Jabaiti, MD, FRCS( Ed.)
Consultant and Associate Professor of Plastic and Reconstructive Surgery,
University of Jordan

Moraya Alqahtani, MD
Assistant Professor, Consultant
Plastic and Microreconstructive Surgeon
King Khalid University, Saudi Arabia

Lilit Garibyan MD, PhD
Instructor at Harvard Medical School, Dept. of Dermatology,
MGH, Wellman Center for Photomedicine, USA

Fatma Mostafa, MD
Consultant Dermatology,
Sharjah University,
Sharjah, UAE

Zuhair Al Fardan, MD
Conference Co-Chair
Plastic and Reconstructive Surgeon
Asst. Prof. Department of Surgery
UAE University, CMHS
Medical Director Eternal Clinic

Pierre Secnazi, MD
Consultant Dermatology,
France
Learning Objectives

Upon completion of this educational activity, participants will be able to:

- Review current state-of-the-art advances in Dermatology, Aesthetics, Anti-aging Medicine, Laser and Cosmetics
- Recognize new and evolving therapies for various conditions involving the skin.
- Discuss the various treatment options available
- Implement evidence-based best practice strategies
- Apply clinical practice recommendations and evidence-based guidelines to advance patient care in daily practice
- Apply gained knowledge to the care and treatment of patients

Highlighted Topics Include

- Dermatological Diseases
- Allergy
- Psoriasis
- Advances in Acne
- Bolus disease and Alopecia Areata
- Clinical Dermatology
- Dermatology: Therapies & Advances
- Diagnostic Techniques in Dermatology
- Pigmentary Disorders (vitiligo, melasma, melanoma, hyper-pigmentations)
- Nail disorders
- Photodynamic therapy in medical and Aesthetic Dermatology.
- Psychodermatology
- Dermatological Oncology
- Herbal Dermatology
- Aesthetic Dermatology
- Botox update+ work shop
- Fillers updates+ work shop
- Laser therapy and skin (acne treatment, vascular, resurfacing treatment of melasma and pigmentary disorders, hair growth and diode), + work shop
- Body contouring is it real?
- The world of Chemical peels
- Noninvasive Lifting and tightening of the skin+ work shop.
- PRP and Mesotherapy hot topics
- Aging Dermatology
- Forever young concept
- Medical skin care and rejuvenation
- Stem cells and fat grafting
- Eye rings and dark circles
- Genital rejuvenation
- Medical Devices in 2015

Accreditation

The Abu Dhabi International Conference in Dermatology and Aesthetics (AIDA) has been accredited by Health Authority – Abu Dhabi for 15.25 CME Hours.

The AIDA Workshops has been accredited by HAAD for 5.5 CME Hours.
### Key International Speakers Include

<table>
<thead>
<tr>
<th>Speaker Name</th>
<th>Nationality</th>
<th>Institution/Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prof. Meryya Al Ghahani</td>
<td>Saudi Arabia</td>
<td>MBBS, FRCSC, Assist Prof., Plastic Surgeon, Microvascular and Reconstructive Surgeon, King Khalid University, Abha, Saudi Arabia</td>
</tr>
<tr>
<td>Dr. Gabor Bartucz</td>
<td>Switzerland</td>
<td>Marketing &amp; Training Manager, EMEA chez Merz Pharmaceuticals, Ben Area, Switzerland</td>
</tr>
<tr>
<td>Prof. Tag Eldin Anbar</td>
<td>Egypt</td>
<td>Professor of Dermatology and Andrology Minya University, Egypt</td>
</tr>
<tr>
<td>Dr. Ahmed S. Gaweesh</td>
<td>Egypt</td>
<td>MBCh, MSc, MD, Consultant Vascular Surgery &amp; Endovascular Interventions Lecturer, Alexandria Faculty of Medicine University of Alexandria, Egypt</td>
</tr>
<tr>
<td>Dr. Ecki Harald Groene</td>
<td>Germany</td>
<td>MD, FAAD, Founding Director of the Clinic for Interdisciplinary Dermatology, Skin Lasers &amp; Surgery Specialist, Berlin Germany</td>
</tr>
<tr>
<td>Dr. Alex A. Khadavi</td>
<td>USA</td>
<td>MD, FAAD Board Certified Dermatologist Associate Professor of Dermatology, California, USA</td>
</tr>
<tr>
<td>Dr. Jasmina Kozarev</td>
<td>Serbia</td>
<td>MD, PhD, Consultant Dermatologist, Serbia</td>
</tr>
<tr>
<td>Dr. Edwardo Krulig</td>
<td>Poland</td>
<td>Plastic Surgeon, Aesthetic and Reconstructive Surgery, Aesthetic Medicine</td>
</tr>
<tr>
<td>Dr. Alysey A. Moskalev</td>
<td>Russia</td>
<td>DSc (biol.), Professor, Sykhyvkar State University, Sykhyvkar, Russia</td>
</tr>
<tr>
<td>Dr. Ahmed M. Sadek</td>
<td>Egypt</td>
<td>Dermato-Venerology Specialist, Cairo Hospital for Dermatology &amp; Venerology (AlHoud AlMarsoud), Egypt</td>
</tr>
<tr>
<td>Dr. Antonello Tateo</td>
<td>Italy</td>
<td>Specialist in Plastic, Reconstructive and Aesthetic, Milano, Italy</td>
</tr>
<tr>
<td>Prof. Ximena Wortsman</td>
<td>Chile</td>
<td>MD, Adjunct Associate Professor, Department of Radiology and Department of Dermatology, Clinica Servit, Faculty of Medicine, University of Chile, Chile</td>
</tr>
<tr>
<td>Dr. Bruce Baldwin Allan</td>
<td>Canada</td>
<td>Staff Physician, South Health Campus, Assistant Clinical Professor, Obstetrics &amp; Gynecology, University of Calgary, Calgary, Alberta, Canada</td>
</tr>
<tr>
<td>Dr. Antonia Campo Voegeli</td>
<td>Spain</td>
<td>Dermatologist, Department of Dermatology of Hospital Clinic Director of the Mohs Micrographic Surgery and the Photodynamic Therapy Units Barcelona, Spain</td>
</tr>
<tr>
<td>Dr. Curdin Conrad</td>
<td>Switzerland</td>
<td>Medical Doctor, PD, MER1, Head of Center of Excellence for Psoriasis at Department of Dermatology at CHUV, Lausanne University Hospital, Switzerland</td>
</tr>
<tr>
<td>Dr. Alberto Goldman</td>
<td>Brazil</td>
<td>MD, Plastic Surgeon, Brazil</td>
</tr>
<tr>
<td>Dr. Sugat Jawade</td>
<td>India</td>
<td>Assistant Professor, MD, JNMC, DMIM3, WARDHA, India</td>
</tr>
<tr>
<td>Dr. Gkoltsalas Konstantinos</td>
<td>Greece</td>
<td>Dermatologist Cosmetic Surgeon Head Dermatologist at AlNoor Medical Center, Kuwait, Consultant at Goldman Clinic Brazil and Milano Estetica Italy</td>
</tr>
<tr>
<td>Dr. Paraskevad (Vakis) Kontois</td>
<td>Greece</td>
<td>MD, PhD, Head Director Consultant Plastic Surgeon, HYGEIA Hospital, Athens, Greece</td>
</tr>
<tr>
<td>Dr. Alexander Melzeranov</td>
<td>Russia</td>
<td>MD, PhD, Dean, Moscow University Department of Biological Medical Physics, Moscow, Russia</td>
</tr>
<tr>
<td>Dr. Sergio Noviello Milano</td>
<td>Italy</td>
<td>MD, Cosmeticon Surgery and Aesthetic Medicine, Board Certified WAOCS, Board Certified IDolABCS, Milano, Italy</td>
</tr>
<tr>
<td>Dr. Ashish C. Suthar</td>
<td>India</td>
<td>PhD, MSci, Bsci, University of Mumbai, Associate Director - Technocommercial, Piramal Phytocare Limited, India</td>
</tr>
<tr>
<td>Dr. Abeer Tawfik</td>
<td>Egypt</td>
<td>Assistant Professor of Dermatology, National Institute of Enhanced Laser Sciences, Cairo, Egypt</td>
</tr>
</tbody>
</table>
Key National Speakers Include

Dr. Haider M. Al-Attia  
MBBCH, DTCO, MRCP, FRCP(I), FRCP(Glasg), FRCP(Lon). Consultant Physician in Internal Medicine & Rheumatology, Abu Dhabi, UAE

Dr. Khaled Salem Al Nuaimi  
Consultant Dermatologist & Laser Surgeon, Vice President of Emirates Dermatology Society, Partner & Medical Director of Fine Care Specialised Medical Centre, Al Ain, UAE

Dr. Thomas Berger  
MD, Consultant, Dermatology, Allergy and Cosmetic Dermatology, Bodyworks, Assistant Professor, Faculty of Dermatology, University of Erlangen, Germany, Health Bay Clinic, Dubai, UAE

Prof. Zuhair Al-Fardan  
Conference Co-Chair, Assistant Professor, Department of Surgery, UAE University, CMHS, Medical Director Eternal Clinic

Dr. Francisco Manuel de Melo  
Consultant Plastic Surgeon, Aesthetica Clinic, Dubai

Dr. Nancy A. Lobib  
MBBCH, MS, MD, ABLIS, Specialist Dermatologist and Venerologist, Laser Specialist, Medcare, Dubai, UAE

Dr. Khaled Othman  
MD, Conference Chairman, Consultant Dermatology, Advanced Center for Daycare Surgery, Abu Dhabi, UAE

Dr. Sadir J. Alrawi  
Consultant Surgical Oncology, Head & Neck, Minimal Invasive Oncology Society, Partner & Medical Director of Fine Care Specialised Medical Centre, Al Ain, UAE

Dr. Yasser Ellassiuty  
MD, Conference General Secretary, Consultant Dermatology, Iris Medical Center, Abu Dhabi, UAE

Dr. Fatma Mostafa  
Consultant Dermatologist, Sharjah University, UAE

Dr. Najla Taher  
MD, Chair, Scientific Committee, Head of Dermatology, Abu Dhabi Police Medical Services, Abu Dhabi, UAE

Prof. Dr. Tahar Benhidjeb  
Consultant, Chairman, Department of Surgery, Burjeel Hospital, Abu Dhabi, UAE

Dr. Saheb Al Nowais  
Specialist Dermatologist, Ambulatory Health Services, Zafrana Health Care Center, UAE

Dr. Thomas Berger  
MD, Consultant, Dermatology, Allergy and Cosmetic Dermatology, Bodyworks, Assistant Professor, Faculty of Dermatology, University of Erlangen, Germany, Health Bay Clinic, Dubai, UAE

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MD, Chair, Scientific Committee, Head of Dermatology, Abu Dhabi Police Medical Services, Abu Dhabi, UAE

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Dr. Saheb Al Nowais  
Specialist Dermatologist, Ambulatory Health Services, Zafrana Health Care Center, UAE

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MD, Consultant, Dermatology, Allergy and Cosmetic Dermatology, Bodyworks, Assistant Professor, Faculty of Dermatology, University of Erlangen, Germany, Health Bay Clinic, Dubai, UAE

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Prof. Zuhair Al-Fardan  
Conference Co-Chair, Assistant Professor, Department of Surgery, UAE University, CMHS, Medical Director Eternal Clinic
SCIENTIFIC PROGRAM – Day 1 (Thursday, 19th November, 2015)

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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<tr>
<td>07:30 – 08:25</td>
<td>Registration</td>
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<tr>
<td>08:25 – 08:30</td>
<td>Welcome Address</td>
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<tr>
<td>08:30 – 09:00</td>
<td>State of the Art Lecture: Stem Cells and Minimally Manipulated Products for Anti-aging and Plastic Surgery / Cosmetology</td>
<td>Dr. Alexander Melerzanov</td>
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</table>

**SESSION I - DERMATOLOGY**

Moderator: Prof. Nawaf B.S.N. Al-Mutairi

09:00 – 09:15 Melanocytes Between Pigmentation and Depigmentation | Dr. Tag Eldin Anbar
09:15 – 09:30 Effect of Ghrelin Hormones on Hair Fall After Bariatric Surgery | Dr. Fatma Mostafa
09:30 – 09:45 Advances in Melanoma Management | Dr. Sadir J. Alrawi
09:45 – 10:00 Guidelines for Vitiligo Management | Dr. Tag Eldin Anbar
10:00 – 10:15 Updates in Rosacea | Dr. Najla Taher
10:15 – 10:30 Unusual Presentation of a Systemic Diseases | Dr. Haidar M. Al-Attia
10:30 – 10:45 Sphaeranthus Indicus: Traditional Wisdom to Modern Medicine for Management of Psoriasis | Dr. Ashish C. Suthar
10:45 – 11:00 Panel Discussion
11:00 – 11:15 Coffee Break

**SESSION II - COSMETICS**

Moderators: Dr. Dirk Harald Groene, Dr. Sergio Noviello & Dr. Alexey A. Moskalev

11:15 – 11:30 Anti-Aging of Skin: A to Z | Dr. Alex A. Khadavi
11:30 – 11:45 Modern Peeling and Pigmentation Treatment in Hyper-Pigmented Lesions | Dr. Eduardo Krugi
11:45 – 12:00 Contemporary Protocols of PRP in Aesthetic Dermatology | Dr. Ahmed M. Sadek
12:00 – 12:15 The latest non-Invasive Technology For Face Lifting using Micro-focused Ultrasound | Dr. Antonio Campo
12:15 – 12:30 Improved Integrity of the Vaginal Wall Using Patented Radio Frequency Energy and Integrated Cooling | Dr. Bruce Allan
12:30 – 12:45 Panel Discussion
12:45 – 13:45 Prayer and Lunch Break

**SESSION III - LASER & DIAGNOSTIC**

Moderator: Dr. Najla Taher, Dr. Sergio Noviello & Dr. Paraskevas Kontoes

13:45 – 14:00 How to Improve Skin Quality and Sagging in One Session? | Dr. Dirk Harald Groene
14:00 – 14:15 New Topical Photodynamic Therapy for Hidradinits Suppurativa | Dr. Abeer Tawfik
14:15 – 14:30 Cellulite: A New Treatment Combining Laser Lipolysis and Fat Transplantation | Dr. Alberto Goldman
14:30 – 14:45 Update in Laser Management for Melasma | Dr. Yasser Ellassily
14:45 – 15:00 Panel Discussion
15:00 – 15:15 Coffee Break

**SESSION IV - MINIMAL INVASIVE AESTHETIC**

Moderator: Prof. Zuhair Al Fardan, Dr. Samir Jabali & Dr. Alexander Melerzanov

15:15 – 15:30 Tummy-tuck with Bloodless Atraumatic Technique (BAT): New perspective in Surgery achieving low rate of short and long-term complications | Dr. Sergio Noviello
15:30 – 15:45 Update in Face Lifting by Hyaluronic Acid | Dr. Antonello Tateo
15:45 – 16:00 Lip Filling Updates and Techniques | Dr. Moraya Al Gahtani
16:00 – 16:15 Intra Lipotherapy Five Years Experience No Surgical Technique | Dr. Gkoritazas Konstantinons
16:15 – 16:30 Laser Assisted Liposuction and Body Contour | Dr. Alberto Goldman
16:30 – 16:45 Laser Blepharoplasty and Single Suture Traction Technique for Rejuvenation of Periorbital Area | Dr. Paraskevas [Vakis] Kontoes
16:45 – 17:00 Panel Discussion
17:00 End of Day 1

**AIDA WORKSHOP**

11:00 – 12:30 Advanced Technique for Face Lift by Threads | Dr. Yasser Ellassily
14:00 – 15:30 Amlan, Modern Depigmenting Techniques and the Care of Hyperpigmented Skins | Dr. Eduardo Krugi
15:30 – 16:30 The Latest Non-Invasive Technology For Face Lifting with Ultherapy | Dr. Antonio Campo and Dr. Gabor Bartucz
16:30 – 17:30 Face Lifting Using Hyaluronic Acid (cross and non-cross linked) | Dr. Antonello Tateo

**SATELLITE SYMPOSIUM**

17:00 – 18:00 Satellite Symposium | Dr. Alex Khadavi
### SCIENTIFIC PROGRAM – Day 2 (Friday, 20th November, 2015)

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<thead>
<tr>
<th>Time</th>
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<th>Speaker</th>
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<tr>
<td>07:00 – 08:00</td>
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<tr>
<td>08:00 – 08:30</td>
<td><strong>State of the Art Lecture:</strong> Indication and Expectations of Laser Vaginal Rejuvenation</td>
<td>Dr. Dirk Harald Groene</td>
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### SESSION V - COSMETICS

Moderators: Dr. Samir Jabali, Dr. Fatma Mostafa, Dr. Dirk Harald Groene & Dr. Alberto Goldman

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>08:30 – 08:45</td>
<td>Anti Aging Techniques Review</td>
<td>Dr. Alexey A. Moskalev</td>
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<tr>
<td>08:45 – 09:00</td>
<td>Growth Factors: Harnessing Healing Power, From Restoration to Rejuvenation</td>
<td>Dr. Francisco Manuel de Melo</td>
</tr>
<tr>
<td>09:00 – 09:15</td>
<td>Face-lift with Bloodless Atraumatic Technique (BAT). Reducing downtime, side-effects and complications.</td>
<td>Dr. Sergio Noviello</td>
</tr>
<tr>
<td>09:15 – 09:30</td>
<td>Advances in Treatment of Hormonal Skin Diseases</td>
<td>Dr. Alex A. Khadavi</td>
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<tr>
<td>09:30 – 09:45</td>
<td>Pathophysiology and Innovative Treatments for Peri-orbital Dark Circles</td>
<td>Dr. Nancy A. Labib</td>
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<tr>
<td>09:45 – 10:00</td>
<td>Panel Discussion</td>
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<tr>
<td>10:00 – 10:15</td>
<td>Coffee Break</td>
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### SESSION VI - DERMATOLOGY

Moderators: Dr. Nojaa Taher, Prof. Nawaf B.S.N. Al-Mutairi, Prof. Tag Eldin Anbar & Dr. Cerdin Comrad

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>10:15 – 10:45</td>
<td>Updates in Atopic Dermatitis</td>
<td>Dr. Khaleed Salem Al Nuaimi</td>
</tr>
<tr>
<td>10:45 – 11:00</td>
<td>Celiac Disease and Skin Manifestations</td>
<td>Dr. Khaleed Ottman</td>
</tr>
<tr>
<td>11:00 – 11:15</td>
<td>Unusual Mucocutaneous Conditions</td>
<td>Dr. Haider M. Al-Aflitia</td>
</tr>
<tr>
<td>11:15 – 11:30</td>
<td>IL-17A: New Era in Management of Psoriasis</td>
<td>Dr. Cerdin Conrad</td>
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<tr>
<td>11:30 – 11:45</td>
<td>Foods and Fads in Acne</td>
<td>Dr. Sahar Al Nowais</td>
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<tr>
<td>11:45 – 12:00</td>
<td>Management of Atopic Dermatitis</td>
<td>Dr. Thomas Berger</td>
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<tr>
<td>12:00 – 12:15</td>
<td>Panel Discussion</td>
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<td>12:15 – 13:30</td>
<td>Prayer and Lunch Break</td>
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### SESSION VII - LASER & DIAGNOSTIC

Moderator: Dr. Alberto Goldman

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
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<tbody>
<tr>
<td>13:30 – 13:45</td>
<td>Laser Therapy for Nail Psoriasis</td>
<td>Dr. Abeer Tawfik</td>
</tr>
<tr>
<td>13:45 – 14:15</td>
<td>Important Applications of Ultrasound Imaging’s in Dermatology</td>
<td>Prof. Ximena Wortsman</td>
</tr>
<tr>
<td>14:15 – 14:30</td>
<td>Genitile test in Anti Aging Medicine</td>
<td>Dr. Gkritzalas Konstantinos</td>
</tr>
<tr>
<td>14:30 – 14:45</td>
<td>Dermoscopic Evaluation of Skin Aging</td>
<td>Dr. Ahmed M. Sadek</td>
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<tr>
<td>14:45 – 15:00</td>
<td>Comparative Study of Tricoscopy Finding in Female Pattern Androgenic Alopecia (AGA) and Chronic Telogen Efflувium</td>
<td>Dr. Sugat Jawade</td>
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<tr>
<td>15:00 – 15:15</td>
<td>Panel Discussion</td>
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<tr>
<td>15:15 – 15:30</td>
<td>Coffee Break</td>
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### SESSION VIII - MINIMAL INVASIVE AESTHETIC

Moderators: Prof. Moraya Al-Qahtani, Dr. Samir Jabali & Dr. Sergio Noviello

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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</thead>
<tbody>
<tr>
<td>15:30 – 15:45</td>
<td>Laser Assisted Liposuction and Ancillary Procedures for Facial Rejuvenation Brazilian Updates</td>
<td>Dr. Alberto Goldman</td>
</tr>
<tr>
<td>15:45 – 16:00</td>
<td>Modern Venous Therapies: When Function Meets Cosmosis</td>
<td>Dr. Ahmed S. Gaweesh</td>
</tr>
<tr>
<td>16:00 – 16:15</td>
<td>Bidirectional Cored Sutures for the Correction of the Gravity Symptoms of the Face. An Overview of 3 Years Experience</td>
<td>Dr. Paraskevas (Vakil) Kontoles</td>
</tr>
<tr>
<td>16:15 – 16:30</td>
<td>Natural Orifice Scarless Surgery : Cosmetics and Beyond</td>
<td>Dr. Tahar Benhchijeb</td>
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<tr>
<td>16:30 – 16:45</td>
<td>Tickle Lipo</td>
<td>Prof. Zuhair Al Fardan</td>
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<tr>
<td>16:45 – 17:00</td>
<td>Panel Discussion</td>
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<td>17:00</td>
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### AIDA WORKSHOP

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<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>14:00 – 15:00</td>
<td>The Cutting Edge of Aesthetic Laser Applications</td>
<td>Dr. Jasmina Kazarev</td>
</tr>
<tr>
<td>15:00 – 16:00</td>
<td>Aqualyx &amp; Alidya</td>
<td>Dr. Gkritzalas Konstantinos</td>
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</tbody>
</table>
General Information

Venue
Set on a beachside location and in an oasis of azure pools and landscaped gardens, Jumeirah at Etihad Towers is one of five monolithic towers at Etihad Towers, in Abu Dhabi. This stunning development includes an office block and three residential towers, and presents the most spectacular panoramic views over the Arabian Gulf and world-famous Corniche. It offers quick and easy access to the airport (37km away) and is within minutes of the City’s most exclusive shopping malls, central business district and Ministries’ Area.

Registration and Information
Registration Desks will operate as follows:
Thursday 19th November, 2015 (07:30-08:25)
Friday 20th November, 2015 (07:00-08:00)

Name Tags
Participants are required to wear their name tags throughout the meeting in order to be admitted to the lecture halls and other scheduled activities.

Refreshment and Lunch
Refreshment and lunch will be offered in accordance with the breaks indicated on the timetable.

Internet
Free internet will be available in the exhibition area during the conference.

Mobile Phones and Photography
Participants are kindly requested to keep their mobile phones switched off in the conference hall and refrain from taking photographs during sessions.

Certificate of Attendance
Certificate of attendance will be available at the registration desk at the end of the second day of the conference on Friday 20th November, 2015 at 5:15 pm (end of session). AIDA Workshop certificate will be available at the end of each sessions.
International Speakers' Biography

Prof. Moraya Al Qahtani
MBBS, FRCSC, Assist Prof., Plastic Surgeon,
Microvascular and Reconstructive Surgeon,
King Khalid University, Abha, Saudi Arabia

Biography
Dr. Moraya Alqtahtani is an assistant professor of plastic surgery at king khalid university and part time consultant of plastic surgery at Aseer hospital and king fahad military hospital. Dr. Moraya Alqtahtani did his plastic surgery training followed by subspeciality in microvascular and reconstructive surgery at Dalhousie University Canada. Dr. Moraya Alqtahtani established the new frontiers of plastic surgery in the south province of Saudi Arabia. He has been lecturer and instructor in many courses and conferences.

Dr. Bruce Baldwin Allan
Staff Physician, South Health Campus, Assistant Clinical Professor,
Obstetrics & Gynecology, University of Calgary,
Calgary, Alberta, Canada

Biography
• Staff Physician, South Health Campus, Calgary, Alberta, Canada, Department of Obstetrics & Gynaecology
• Assistant Clinical Professor, Obstetrics & Gynecology, University of Calgary, Calgary, Alberta, Canada
• Site Leader, Obstetrics & Gynecology, South Health Campus, Calgary, Alberta, Canada

Dr. Antonio Campo Voegeli
Dermatologist, Department of Dermatology of Hospital Clínic
Director of the Mohs Micrographic Surgery and the Photodynamic Therapy Units
Barcelona, Spain

Biography
Dermatologist at the Department of Dermatology of Hospital Clinic. Director of the Mohs Micrographic Surgery and the Photodynamic Therapy Units. Member of the Skin Non Melanom Cancer Committee (from 2002 to 2013). Barcelona, Spain.
Founder and Medical Director of Clinica Dermatológica Campo-Optimage, Barcelona, Spain.
Director of the Dermatology, Laser and Cosmetic Unit at Laclinic, Montreux, Switzerland.
International Speakers' Biography

Dr. Ahmed S. Gaweesh
MBCh, MSc, MD, Consultant, Vascular Surgery & Endovascular Interventions Lecturer, Faculty of Medicine University of Alexandria, Egypt

Biography

Dr. Ahmed Gaweesh is a Consultant in Vascular Surgery and Endovascular Interventions, and Lecturer in Alexandria Faculty of Medicine. He received his clinical training in Alexandria Main University Hospitals, and then travelled to gain overseas experience in Charing Cross Hospital, London. He received his doctorate degree in Vascular Surgery on a joint research on venous disease between Alexandria University and Imperial College London.

Having special interest in minimally invasive interventions, he is the founder of the “Peripheral Endovascular Unit in Alexandria Main University Hospital” in 2007 and “iVein Clinic – the first specialized centre in diagnosis and endovenous interventions in the Middle East” in 2013. Dr. Gaweesh is a pioneer in “deep venous imaging using direct CT venography” having the largest worldwide series of patients with deep venous obstructions diagnosed by CTV. He introduced “deep venous reconstructions” for management of chronic venous disease in Egypt and the region by performing the first iliac vein stent in Egypt in 2008 and the first hybrid venous procedure in 2011.

Being an expert in deep venous imaging and reconstructions, he presented in many international as well as national conferences and has published research papers in peer-reviewed journals. Also he developed close relationships with many experts in the field across Europe and the US. He is a reviewer for Phlebology Journal. Research interests include but are not limited to pathophysiology of varicose veins, deep venous imaging and reconstructions, and inflammation associated with venous thrombosis.

Dr. Alberto Goldman
MD, Plastic Surgeon, Brazil

Biography

Brazilian Plastic Surgeon with specialization in Brazil and Spain. Ex-President of the Brazilian Society of Laser. Director of Clínica Goldman, specialized in laser, plastic surgery, dermatology and aesthetic medicine. International laser researcher. Pioneer of laser-assisted liposuction. Regularly perform conferences and workshops around the world and have received international Awards. Publish scientific articles and chapters in medical books regularly. Foreign resident of Plastic and Reconstructive Surgery during two years in Barcelona, Spain. Two years of academic doctorate (Ph.D.) at the University Autonoma of Barcelona (1986-1987 and 1987-1988). Pioneer and author of the main publications in Laser-Assisted Liposuction. Collaborator to clinical protocols for FDA approval. Published the first and most important clinical studies, scientific articles and chapter books showing the effects and characteristics of this technology.

Author of many published scientific articles and chapters book about plastic surgery, non-invasive treatments, botulinum toxina, lasers and light technology.
International Speakers' Biography

Dr. Dirk Harald Groene
MD, FAAD, Founding Director of the Clinic for Interdisciplinary Dermatology, Skin Lasers & Surgery Specialist, Berlin Germany

Biography
Dr. Dirk Harald Groene, MD FAAD is the founding director of the Clinic for Interdisciplinary Dermatology, Skin Lasers & Surgery Specialists in Berlin and an international fellow of Prof. Maibach’s research group at the UCSF in San Francisco. Dr. Groene has published in several textbooks and is continuously writing on articles for medical journals about latest innovations and trends in aesthetic dermatology and skin rejuvenation techniques. He has lectured and received awards from medical societies worldwide. He actually provides international training courses about laser vaginal rejuvenation, laser assisted deep chemical peels and laser assisted liposuction for the AAAM.

Having served as the consulting dermatologist to l’Oreal, Clinique, Bayer Healthcare Pharmaceuticals and multiple other cosmetic and laser companies, Dr. Groene has influenced new product developments and industry direction intensively. This combination of extensive research and clinical experience along with almost 10 years patient contact in the dermatologic practice make him qualified to customize minimal invasive and surgical treatments for a wide range of ages and ethnic skin types.

Dr. Sugat Jawade
Assistant Professor, MD, JNMC, DMIMS, WARDHA, India

Biography
Dr. Sugat A. Jawade is an Assistant Professor in the Department of Dermatology in Jawaharlal Nehru Medical College, DMIMS, Wardha (MH), India. He is also pursuing PhD on topic “Efficacy and safety of azathioprine in vitiligo.” He has keen interest in Trichology, Dermatosurgery, Vitiligo, and Psoriasis. He has attended and presented papers in international and national conferences. He has few publications on his name.

Dr. Gkritzas Konstantinos
Dermatologist Cosmetic Surgeon, Head Dermatologist at Al Najat Medical Center, Kuwait, Consultant at Goldman Clinic Brazil and Milano Estetica Italy, Greece

Biography
Working the last 6 years in Kuwait and as consultant in Goldman clinic in Brazil and Milano estetica Italy. Mainly of my work is in laserlipolysis and fat transfer and procedures with local anesthesia as buttock augmentation breast augmentation ecc. Also official trainer from Marrlor company and kmedix for middle east.
International Speakers' Biography

Dr. Alex A. Khadavi
MD, FAAD Board Certified Dermatologist
Associate Professor of Dermatology, California, USA

Biography

Private Practice
• Beverly Hills, Encino, Thousand Oaks, California, 2003-Present
• North Hollywood, California, December 2002-May 2003
• Associate Professor of Dermatology, University Of Southern California, February 2003-Present
• Clinical Assistant Professor of Dermatology, University Of California, San Francisco, July 2002-February 2003

Education
• Resident in Dermatology, University of California, San Francisco, 1999-2002
• Intern in Internal Medicine, University of California, Los Angeles, 1998-1999
• USMLE Step 1: 249 (99th percentile)
• USMLE Step 2: 248 (99th percentile)
• USMLE Step 3: 238 (92nd percentile)
• M.D., May 1998
• Summa cum laude, GPA: 3.98, Bachelor of Science in Biology, University of California, Los Angeles, June 1994

Prof. Tag Eldin Anbar
Professor of Dermatology and Andrology
Minya University, Egypt

Biography

Management Experience
• President of the organising committee of the 5th and 6th Al- Minya Dermatology Meetings, (2003 and 2005).
• Secretary General of the 7th Al- Minya Dermatology Meeting, 2007.

Memberships and Societies
• European Association of Dermatology and Venereology
• European Vitiligo Task Force Group
• Global Consensus for Vitiligo
• Medical Egyptian Syndicate
• Egyptian Association of Dermatology and Venereology
• Egyptian Society of Andrology
• Editorial board of the Egyptian Dermatology Online Journal.

Reviewing Experience
• International Journal of Dermatology.
• Clinical and Experimental Dermatology Journal.
• British Journal of Dermatology.
• Journal of the European Academy of Dermatology and Venereology.
• Photodermatology, Photoimmunology and Photomedicine Journal.
• Experimental Dermatology Journal.
• Journal of the Egyptian Society of Dermatology and Venereology.
• Journal of the Egyptian Women Dermatologic Society.
International Speakers' Biography

**Dr. Jasmina Kozarev**  
MD, PhD, Consultant Dermatologist, Serbia

**Biography**

Dr. Jasmina Kozarev is a consultant dermatologist, distinguished practitioner, researcher and innovator in the field of dermatology and laser surgery with Ph.D degree in laser dental medicine. Dr. Kozarev was the first dermatologist in Serbia to perform esthetic laser procedures, radiowave surgery procedure and laser rejuvenation. She has special interest in areas such as resurfacing and fractional treatments, vascular laser treatments and laser-assisted revision of scars. In her work she expanded the limits of application fields with Q-switched lasers not only on tattoo or pigment dishromia treatments. She has also developed and lectures on treatment protocols for laser treatment of onychomycosis and importance of making interface between lasers and other dermotherapeutic protocols. She is a frequent presenter at laser and aesthetic conferences and she is actively involved in laser clinical research and protocol development. She is Visiting Lecturer at the SULTARC, University of Sharjah, UAE, where she teaches laser procedures in dermatology at Postgraduate Courses. She is Lecturer at national and international Congresses and she published two books and several publications in international reviews. She is LAHA clinical lecturer professional organizations. She is member of European Dermatology Association, European Society for Laser Dermatology, American Academy of Anti-Age Medicine, World Association of Anti-Age Medicine.

**Dr. Paraskevas (Vakis) Kontoes**  
MD, PhD, Head Director Consultant Plastic Surgeon, HYGEIA Hospital, Athens, Greece

**Biography**

Dr. Kontoes is a pioneer of Laser Aesthetic surgery in Greece and Europe and performed the first ever full face Laser resurfacing for wrinkles, age spots and age signs of the face in the country in 1995. He is also known for the innovative evolution of the Laser Blepharoplasty technique with the Single Suture Traction Technique (SSTT) described and published by him. He is applying the whole spectrum of Aesthetic and Plastic surgery techniques. His research and experience in Laser and Plastic Surgery are appreciated worldwide and he is regularly invited to International Congresses and Universities to give lectures on techniques exclusively developed by him, very well known in the society of plastic surgery across the world for his excellent teaching skills.
International Speakers' Biography

Dr. Eduardo Krulig
Plastic Surgeon, Aesthetic and Reconstructive Surgery, Aesthetic Medicine, Poland

**Biography**


Dr. Alexander Melerzanov
MD, PhD, Dean, Moscow University Department of Biological Medical Physics, Moscow, Russia

**Biography**

Alexander V. Melerzanov MD, PhD is a Dean of Department of Biological and Medical Physics, assistant professor at Chair of Molecular and Biology Physics, Head laboratory of Cellular and Molecular Technologies of Moscow Institute of Physics and Technology (State University); Medical Director of Biopharmcluster “Northen”. Consulting Physician at Hospital #1 of Presidential affairs, expert of Ministry of Education and Science. Major interests are stem cells studies, regenerative and translational medicine. Major duties are biomedical education development and healthcare management. Additional activities: telemedicine and personalized medicine development and legislation.
International Speakers' Biography

Dr. Alexey A. Moskalev
DSc (biol.), Professor, Syktyvkar State University, Syktyvkar, Russia

Biography

Head of the Laboratory of Genetics of Aging and Longevity in Moscow Institute of Physics and Technology, Dolgoprudny, Russia. Head of the Laboratory of Molecular Radiobiology and Gerontology in the Institute of biology of Komi Science Center of Ural Division of RAS, Syktyvkar, Russia. Head of the Department of Ecology in Syktyvkar State University, Syktyvkar, Russia.

He is working in the area of genetics of longevity and aging. He studies regulation mechanisms of the rate of aging, longevity and stress resistance: DNA repairation, heat shock proteins, NF-κB, Tor- and PI3K-signaling cascade, apoptosis. Geroprotective properties of COX2, PI3K, TOR, NF-κB inhibitors were identified in his works. Alexey participated in the work of identifying mechanisms of exceptional longevity of Myotis brandtii bats. He was a contributor in creating a database of biomarkers of aging Digital Ageing Atlas. He is principal investigator in the online databases Geroprotectors.Org and AgingChart.Org.

Dr. Sergio Noviello Milano
MD, Cosmetic Surgery and Aesthetic Medicine, Board Certified WAOCS, Board Certified IDofABCS, Milano, Italy

Biography

• Graduated in Medicine and Surgery - University of Milan (6 Years)
• Postgraduated in Microsurgery and Experimental Surgery - University of Milan (5 Years)
• Postgraduated in Aesthetic Medicine and Surgery at International School of Aesthetic Medicine – Milan (4 Years)
• Master in Aesthetic Surgery - University of Milan and University of Bordeaux (1 Year)
• Board Certified by the World Academy of Cosmetic Surgery (WAOCS)
• Board Certified by the International Division of American Board of Cosmetic Surgery (IDofABCS)

He attended many national and international courses and training in general and aesthetic surgery held in didactic centres and hospitals, in particular Major University Hospital of Milan (Prof. Giuseppe Pezzuoli), University Hospital San Raffaele of Milan (Prof. Piero Zannini), Hospital of Vittorio Veneto and Fabriano (Prof. Valerio Micheli-Pellegrini), University Hospital of Bordeaux (Prof. Philippe Caix), Quissiana Clinic Montecatini (Dr. Massimo Maurizio Maida). He participated in many National and International Aesthetic Medicine and Surgery Congress even as rapporteur.

• President of SIMOE - Italian Society of Aesthetic Physicians and Surgeons.
• He works as Cosmetic Surgeon in private practice in Milan: Milano Estetica – Cosmetic Surgery Centre and Medical SPA; Medical and Surgery Division - Chief: Dr. Sergio Noviello.

Memberships

• Member of Italian Society of Aesthetic Physicians and Surgeons – Milan (Italy) - SIMOE
• Member of Italian Association of Aesthetic Physicians – Milan (Italy) - AMIEst
• Member of Italian Society of Aesthetic Medicine – Rome (Italy) - SIIME
• Member of World Academy of Cosmetic Surgery – Vienna (Austria) – WAOCS
• Member of American Academy of Cosmetic Surgery – USA - AACS
• Member of International Association Physicians Aesthetic Medicine – Los Angeles (California) - IAPAM
• Member of American Academy Anti-Aging medicine – Las Vegas (Nevada) - AAAA
International Speakers' Biography

Dr. Ahmed M. Sadek
Dermato-Venereology Specialist, Cairo Hospital for Dermatology & Venereology (Al-Haud Al-Marsoud), Egypt

Biography
Ahmed Sadek, MSc, DBA is a Dermato-Venereology Specialist at Cairo Hospital for Dermatology & Venereology (Al-Haud Al-Marsoud) based in Egypt. He was graduated from Ain-Shams Medical School, Cairo in 2002. He achieved his Master Degree in Dermatology & Venereology in 2009 and Diploma Degree in Business Administration in 2011. He is Candidate for PhD degree in LASER Applications in Dermatology.

At his workplace, he is currently Head of the Training Department, Dermoscopy Unit and Outpatient Procedures Department, as well as Member of the Research Unit & the Scientific Committee in addition to his private skin care clinic. He is Board Member of the International Dermoscopy Society. He is Member of EADV, ESDV, ESLD, ASCDL, ESCAD & ITDS. He is Assistant Editor of EDOJ. His practical interests include Dermoscopy, Aesthetic Dermatology & Antiageing. He delivered 21 international & > 300 national presentations in addition to 6 publications.

Dr. Ashish C. Suthar
PhD, MSci, Bsci, University of Mumbai, Associate Director - Technocommercial, Piramal Phytocare Limited, India

Biography
Dr. Ashish C. Suthar, Ph.D. is an Associate Director at Piramal Phytocare Ltd. in Mumbai, India. He has a rich experience of 20 years in research and development of Natural & Herbal products derived from plants of Indian origin and now, actively involved in the manufacturing, marketing and commercialization of these products globally. He is also a principal inventor in many Indian as well as International patents and has also published more than 50 research articles in peer reviewed journals. He has also contributed in the development of various herbal monographs for Herbal Monograph Compendium, published by USP and for Indian Herbal Pharmacopeia. He has developed many patented & clinically validated products including Tinefcon™ range in dermatological segments as well as Metabolic syndrome disorders.
International Speakers' Biography

Dr. Antonello Tateo
Specialist in Plastic, Reconstructive and Aesthetic, Milano, Italy

Biography
Society and Association Membership
• Società Italiana di Chirurgia Plastica Ricostruttiva ed Estetica SICPRE Associazione Italiana di Chirurgia Plastica Estetica AICPE
• International Society of Aesthetic Plastic Surgery ISAPS
• European Society of Reconstructive and Aesthetic Surgery ESPRAS
• International Confederation for Plastic Reconstructive Aesthetic Surgery IPRAS
• Sociedade Brasileira de Cirurgia Plastica SBCP
• Associazione Europea di Chirurgia Estetica ASSECE (Board Member)

EDUCATIONAL AWARDS
• 1990-1994 Research Scholarship (1 in ranking - Tests of postgraduate course admittance) University Department of Plastic Surgery University of Pavia Italy

CLINICAL FELLOWSHIP
• 1992 (3 months) Department of Plastic Surgery Addenbrooke’s Hospital Cambridge U.K. (CONSULTANT: Mr. G. Lamberty)
• 1992 (6 months) Department of Plastic Surgery Canniesburn Hospital Glasgow Scotland (U.K.) (Consultants: Mr M. Webster, Mr D. Soutar)
• 1993-94-95 (3 years) Unit of Aesthetic Plastic Surgery Clinica Athayde Curitiba-Paraná (Brazil) (Director: Dr. A. M. Chaves Athayde)
• Speaker/tutor in numerous national and international congresses and course.

Dr. Abeer Tawfik
PhD, Assistant Professor of Dermatology, National Institute of Enhanced Laser Sciences, Cairo, Egypt

Biography
Dr. Abeer Attia Tawfik, PhD Assistant Professor of Dermatology at National Institute of Enhanced Laser Sciences, Cairo University. She is specialized in treatment of dermatological diseases with different laser systems. She is a staff member of the medical laser applications department. She works in the photodynamic lab of the medical laser center of laser institute which focus on research in the use of photodynamic in diagnosis and treatment of skin diseases.
International Speakers' Biography

Prof. Ximena Wortsman
MD, Adjunct Associate Professor, Department of Radiology and Department of Dermatology, Clinica Servet, Faculty of Medicine, University of Chile, Chile

Biography
Dr. Ximena Wortsman is a radiologist with subspecialty in dermatologic and musculoskeletal ultrasound. She is Adjunct Associate Professor and Medical Director of the Institute for Diagnostic Imaging and Research of the Skin and Soft Tissues (IDIEP) and belongs to the Department of Radiology and Department of Dermatology at Clinica Servet and Faculty of Medicine, University of Chile. She is Senior Member of the American Institute of Ultrasound in Medicine (AIUM) and author of more than 90 publications including 1 book ("Dermatologic Ultrasound with Clinical and Histologic Correlations"), more than 20 chapters of books, and more than 65 papers in peer-reviewed journals. Dr. Wortsman is member of the Editorial Board in Journal of Ultrasound in Medicine, Advances in Medicine Journal: Radiology, ISRN Radiology Journal, Biomed Research International Journal-Radiology, Our Dermatology Online, among others. She is the Founder of the international educational website on skin ultrasound www.skin-ultrasound.com

Dr. Curdin Conrad
Medical Doctor, PD, MER1, Head of Center of Excellence for Psoriasis at Department of Dermatology at CHUV, Lausanne University Hospital, Switzerland

Biography
Dr. Curdin Conrad is Head of Policlinic and Head of the Centre for Psoriasis at University Hospital of Lausanne in Switzerland. He has received several scientific awards for his basic and translational research focusing on innate and adaptive immunity in inflammatory skin diseases, particularly psoriasis. He has numerous publications in renowned journals such as Nature Medicine, Journal of Experimental Medicine, and Science Translational Medicine and more than 2000 citations. Dr. Conrad participated at the prestigious Postgraduate Course of Experimental Medicine and Biology at the University of Zurich. Dr. Conrad completed his Dermatology and Venereology training in Zurich, and his postdoctoral research time at MD Anderson Cancer Center in Houston, Texas. He has been principal investigator for multiple preclinical and clinical trials in psoriasis. Dr. Conrad serves on several key boards including Scientific Advisory Board of the Swiss Dermatology Network for Targeted Therapies, and serves as external expert for the Conseil Scientifique de la Société Française de Recherche Dermatologique and the Science Foundation Ireland. He is an editorial board member at Molecular Medicine Reports, and Frontiers in Antigen Presenting Cell Biology, and has contributed as a reviewer to numerous scientific journals including Journal of Investigative Dermatology, International Journal of Biochemistry and Cell Biology, and the British Journal of Dermatology.
Abu Dhabi International Conference in Dermatology and Aesthetics

NATIONAL SPEAKERS' BIOGRAPHY
National Speakers' Biography

Dr. Haider M. Al-Attia
MBCh, DTC, MRCP, FRCP(II), FRCP(Glasg), FRCP(Lon), Consultant Physician in Internal Medicine & Rheumatology, Abu Dhabi, UAE

Biography
- Consultant Physician in Internal Medicine & Rheumatology in a leading hospital in the UAE with extensive experience in the UAE and UK.
- Fellow of three Royal Colleges of Physicians; FRCP (I), FRCP (Glasg) and FRCP (Lon).
- Awarded for academic and clinical achievements including the Abu Dhabi General Authority for Health Services Award and the Medical Sciences of Dubai Cultural & Scientific Association Award.
- Authored 87 publications and several abstracts in regional and international medical journals. Presented over 55 presentations regionally and internationally.
- Ex-examiner for part 2 MRCP examination.
- Participated in various international scientific clinical trials.
- Reviewer for various journals including, Rheumatology (UK), International Journal of Dermatology (USA) and Saudi Medical Journal, clinical and experimental rheumatology (Italy), Clinical Rheumatology (UK), & Rheumatology International (Germany). Member of the editorial board of Rheumatology International.

Dr. Sahar Al Nowais
Specialist Dermatologist, Ambulatory Health Services, Zafrana Health Care Center, UAE

Biography
Dr. Sahar Al Nowais, is from Abu Dhabi, UAE and is a Specialist Dermatologist at Ambulatory Healthcare Service, Zafrana Clinic. Dr. Al Nowais has received her residency post graduate training at prestigious UAE hospitals Al Jazeera and Mafraq hospitals, where she was awarded the specialty certificate of the Arab Board of Dermatology. Dr. Sahar has a vast interest in Clinical Dermatology and has experience spanning over 18 years in the field. She is a regular participant at different CME activities, National and International conferences and is a member of Abu Dhabi Dermatology Club. Today Dr. Al Nowais will mark her fifth contribution as a Speaker in National and International Conferences.

Dr. Khaled Salem Al Nuaimi
Consultant Dermatologist & Laser Surgeon, Vice President of Emirates Dermatology Society, Partner & Medical Director of Fine Care Specialised Medical Centre, Al Ain, UAE

Biography
Dr. Khaled Al Nuaimi started his life in medicine in Al Ain Police medical services/UAE. He finished his police training in Abu Dhabi Police Academy as an officer and he became later on a medical director and acting chief of services in Al Ain Police Medical Services. After he finished his Arab Board of Dermatology and Venereology specialization, he moved on to TAWAM Hospital in Al Ain (the biggest tertiary referral center in UAE). Later on he joined Al Ain Governmental Hospital/ Al Ain/ UAE and became consultant Dermatologist and the Chief of Dermatology service in the hospital. He have been invited as a speaker and session head in many national & international Conferences, symposiums, and workshops.
In July 2015 he become the elected Vice president of Emirates Dermatology Society. His main of interest is Advances in Dermato-immunology and laser fields. Now he is concentrating on his private practice as a Consultant of Dermatology and Laser surgery.
National Speakers' Biography

Dr. Sadir J. Alrawi
Consultant Surgical Oncology, Head & Neck, Minimal Invasive Oncology
Director of Surgical Oncology Services Alzahra Cancer Center,
Adjunct A. Professor John Hopkins Medical School, Dubai, UAE

Biography

Dr. Alrawi is currently the Director of all Surgical Oncology Services at Alzahra Cancer Center in the Heart of Dubai and its tertiary referral cancer center for all UAE, hosting highly specialized surgical oncology subspecialties, including Colorectal, Breast oncology, Head & Neck Surgery, Urology, Gynecological Oncology, Sarcoma/ Melanoma and Peritoneal surface malignancy, in addition to pancreatic and hepatic surgery.

Dr. Alrawi currently was the Chief of Surgical Oncology Division at Tawam Hospital and was the interim chair of department of surgery from October 2013-September 2015. Tawam Hospital is affiliated with JOHN HOPKINS Medical System.

Dr. Alrawi major interest is Gastrointestinal Oncology, including Esophageal, Gastric, Pancreas, Liver and colonic surgery with special interest in endocrine surgery including thyroid, parathyroid and adrenal surgery.

Sadir Alrawi, was the Chief of the Surgical Oncology Program at Comprehensive Cancer Center of 21st Century in Jacksonville, Florida from 2008-2013.

Prior to that, Dr. Alrawi was an assistant professor in the Department of Surgery/Division of Surgical Oncology at University of Florida, Jacksonville. Dr Alrawi trained in various Academic institutes in Surgical Oncology all over including Roswell Park, Cancer institute, Buffalo, Royal Free Hospital, UC of London and Ninewells Hospital, U of Dundee


He has received many academic and scholarly honors while in training and during his clinical practice years, and is an often-invited speaker at both public and professional meetings dedicate to helping education with cancer management.

Dr. Alrawi has been involved in numerous research activities throughout his career in an effort to improve our understanding of cancer early diagnosis and multidisiplinary approach.

In his 28 year experience of Surgical Oncology, Dr Alrawi was able to publish more than 40 papers in per reviewed journals and more than 150 presentations in local, national and international meetings both in clinical and basic sciences.

Dr. Alrawi is passionate about community outreach, and fervently believes that cancer care and health awareness, coupled with excellence in cancer diagnosis and treatment handled in multidisiplinary approach by specialized team, can and will continue to save lives.
National Speakers' Biography

Dr. Thomas Berger
MD, Consultant, Dermatology, Allergy and Cosmetic Dermatology, Bodyworks, Assistant Professor, Faculty of Dermatology, University of Erlangen, Germany, Health Bay Clinic, Dubai, UAE

Biography
Board Certifications (German Facharzt) for:
• Dermatology and Venereal Diseases
• Allergy and Clinical Immunology
• Systemic cancer therapy in Dermatology

He also holds several other Diplomas like:
• Cosmetic dermatology
• Dermatological laser treatment
• Occupational dermatology
• Neurodermitis training
• Tropical medicine and medical parasitology
• Travel medicine

He has done numerous research and teaching since 1992. He has several professional affiliations that include, but are not limited to:
• International fellow of the American Academy od Dermatology
• Fellow of the European Academy of Dermatology and Venereology
• German Dermatological Society
• German Society for Dermatology research
• German society for Dermato-oncology
• German society for Cosmetic surgery

He has also published several publications and he is also on the editorial memberships for several international journals:
• Member of the editorial board, Journal of Clinical Dermatology
• Member of the editorial board, Case Reports in Dermatological Medicine
• Journal of Investigative Dermatology
• European Journal of Dermatology
• Cancer Immunology and Immunotherapy
• Journal of Immunological Methods
• Journal of the European Academy of Dermatology and Venereology
• American Journal of Medical Genetics
• Clinical Evidence (BMJ Publishing Group)
• Biotechniques

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Dr. Fatma Mostafa
Consultant Dermatologist, Sharjah University, UAE

Biography
Consultant Dermatologist Sharjah University and Head of Dermatology department in Sharjah University Hospital. Graduated from Cairo University. PHD & Master Dermatology Cairo University
National Speakers' Biography

Prof. Dr. Tahar Benhidjeb
Consultant, Chairman, Department of Surgery, Burjeel Hospital, Abu Dhabi, UAE

Biography

Prof. Tahar received his medical training and degrees from the Humboldt University of Berlin and completed his General Surgery residency at the CHARITE – Medical University Berlin, Europe’s largest University Hospital. Before joining the UAE and Burjeel in 2012 Prof. Tahar was during two years Consultant in the Department of General, Visceral and Thoracic Surgery at the University Medical Centre Hamburg-Eppendorf. One of his primary clinical foci is the development and introduction of new minimally invasive procedures in abdominal and thyroid surgery. He is a worldwide leader in innovative scarless natural orifice surgery (NOTES). Prof. Tahar introduced in 2012 as first surgeon in the Middle East the scarless NOTES transvaginal surgery for gallbladder, appendix and colon. As per August 2014 he performed > 90 such procedures in Burjeel Hospital. Besides this scarless surgery, his other main field is minimally-invasive surgery for thyroid/parathyroid and laparoscopic surgery for colon/rectum disorders, both benign and malignant conditions as well.

Prof. Tahar is also Director of the New European Surgical Academy (NESA) in Berlin, Germany. He has published more than 70 peer review journal articles and 20 book chapters and he is author of more than 230 congress presentations. Prof. Tahar is laureate of an Award of the American Society of Laparoendoscopic Surgeons (SLS) and Adjunct Professor of the Moscow Institute of Physics and Technology (MIPT) of the Russian State University.

Prof. Zuhair Al-Fardan
Conference Co-Chair
Plastic and Reconstructive Surgeon, Asst. Prof. Department of Surgery
UAE University, CMHS, Medical Director Eternal Clinic

Biography

Dr. Zuhair Al-Fardan is an Canadian board certified Plastic Surgeon with an interest in Breast surgery, Body contouring, Aesthetic facial surgery, Hand surgery, Burns, cancer reconstruction and microsurgery.

Dr. Al-Fardan is an Assistant Professor in UAE University, department of Surgery, and Plastic surgery consultant with admitting and operating privileges at TAWAM Hospital, Al-Ain. As well as Plastic Surgeon at Eternal Medspa with admitting and operating privileges at MEDCARE Hospital in Dubai.

He is a fellow of the Canadian Royal College of Surgeons and a member of Canadian Plastic Surgery society and Emirates Medical Association.
Dr. Al-Fardan started Plastic Surgery residency program at University of Toronto, Canada in 2002 to 2007. After the residency he obtained the Canadian Board and completed fellowship in Breast reconstruction at Woman College hospital, Toronto, Canada.

Subsequently Dr. Al-Fardan returned to UAE and was assigned as Assistant Professor in UAE University, department of Surgery and plastic surgery consultant at Tawam Hospital, Al-Ain.

Research interest in Breast reconstruction, Wound healing and Body reshaping after bariatric surgery.
National Speakers' Biography

Dr. Yasser Elassiuty
MD, Conference General Secretary
Consultant Dermatology, Iris Medical Center, Abu Dhabi, UAE

Biography
Dr. Yasser did his residency program at the University Hospital in 1997 in the Dermatology Department. He holds a Master Degree in Dermatology and Venereal Diseases 2000.

He moved to United States to continue his study in Dermatology science and doing very advanced researches on skin diseases in Loyola University, Chicago.

Doctor Yasser finished his Doctorate degree in Dermatology 2010 from Cairo University, and worked as lecturer in the Dermatology Department in Beni Suef University – Egypt.

He started working in Al Ain City on 2010 as medical director in prestigious medical center, and then he moved to Abu Dhabi to create new Medical Center in prestigious area in heart of the city.

Doctor Elassiuty worked as instructor for aesthetic and laser courses held in Sharjah University twice a year, he also worked as instructor for many companies for fillers, threads lifting, laser, Botox, etc

Special expertise and areas of interests
His main area of interest is facial aging restoration, and skin rejuvenation using different tools and products.

Also he has special interest in treatment of Melasma with lasers.

Dr. Elassiuty has a long experience in Cosmetic Dermatology, Hair Transplantation, Laser Skin Therapy, treating various skin diseases, Chemical Peels, Laser Treatments for Skin Rejuvenation; face lifting, Botox and fillers, Plasma treatment for hair and face.

Dr. Francisco Manuel de Melo
Consultant Plastic Surgeon
Aesthetica Clinic, Dubai

Biography
Certified Senior Consultant Plastic Surgeon with 18 + years of experience demonstrated in both public and private practice. Areas of expertise include aesthetic and reconstructive plastic surgery for the head, neck and breast surgery: body contouring: hand surgery; oncoplastic surgery and chronic wound treatment. Recent experience has also encompassed the delivery of a wide range of CME accredited training courses in aesthetic medicine for all medical professionals using the most advanced techniques.

Achievements & Competencies
- Board certified Senior Plastic Surgeon since 1996.
- Delivered training services including online audio-visual lectures and hands-on tutorials in a clinical setting (Aesthetica Clinic and Institute of Medical Aesthetics (IMA), Dubai) to introduce non-invasive aesthetic procedures to medical practitioners.
- Licensed to practice as Plastic Surgeon Specialist/Consultant issued by th Portuguese Medical Association (Ordem dos Medicos); Dubai Health Authority: Dubai Healthcare City and the General Medical Council (UK).
National Speakers' Biography

**Dr. Nancy A. Labib**  
MBBch, MS, MD, ABLS, Specialist Dermatologist and Venerologist, Laser Specialist, Medcare, Dubai, UAE

**Biography**

Credentials:
- American board of laser surgery in cosmetic and clinical dermatology – 2014
- MD- Cairo university – Egypt 2013
- MS - Cairo University- Egypt 2005
- MBBCH- Cairo university -Egypt 2001

Professional Experience:
- Senior dermatologist over 9 years at Educational Government Hospitals, Egypt and Dubai, UAE
- Aesthetic Physician and Laser Specialist for 5 years
- Authorized middle east trainer for laser, Aesthetic medicine and facial and body contouring for 2 years.
- Researcher with international publishing researches on field of male sexual disorders.

Professional Associations:
- Member of American Academy of Dermatologists
- Member of Egyptian Dermatologists Association
- Member of American Academy of Aesthetic Medicine
- Member of Emirate Medical Association

**Dr. Najla Taher**  
MD, Chair, Scientific Committee, Head of Dermatology, Abu Dhabi Police Medical Services, Abu Dhabi, UAE

**Biography**

Dr. Najla Taher is a Dermatology Specialist and Head of Dermatology at Abu Dhabi Police Medical Services Department, Ministry of Interior, United Arab Emirates (UAE). Prior to current post, she was the Head of Medical Service Support in Abu Dhabi Police Medical Services, chair for Medicine Committee Approval as well as the Medical Technician Recruitment 2004-2009. A member Women Police Association and a member of the American Academy of Dermatology.

She completed the Fellowship training in Procedural Dermatology from the Mount Sinai School of Medicine, New York, USA, in 2011. Earned a Master degree in Clinical Dermatology, from University of London, King’s College, UK in 2002. She received her M.B.B.S. from Dubai Medical College in 1992 and was enrolled in the Residency Program in Surgery and Ophthalmology, at Rashid Hospital in Dubai, UAE.

Awards:
- Rashid Award for Excellence, 2003
- Interior Minister Award for Graduate Studies, 2003
- Honored by the Director General of Finance and Services, 2007
- Service Medal for 2004
National Speakers' Biography

Dr. Khaled Othman
MD, Conference Chairman, Consultant Dermatology, Advanced Center for Daycare Surgery, Abu Dhabi, UAE

Biography

Certified Consultant Dermatology, Aesthetic Medicine, and Andrology, Chief of Dermatology, Aesthetic Medicine, and Andrology Cosomoclinica unit in ACDS Medical Day Care Surgery Center in Abu Dhabi since 2014 with (26)” years of professional medical experience. Chief of Dermatology, Aesthetic Medicine, and Andrology Unit in Al Salama Hospital – Abu Dhabi from September 2005 to 2014, Chairperson of the Continuous Medical Education Program (CME) of Al Salama Hospital since 2005, Chairman of UAE Aesthetic medicine forum, A member of multiple reputable national and international organizations, Author for 5 books published in Middle East area, Speaker in different scientific activities and medical professional Conferences meeting since 1998 to present (225 scientific conferences and meetings), Published different articles in Dermatology, Aesthetic Medicine and Andrology Nationally and Internationally. Authorized certified trainer in aesthetic medicine certified CME Accredited Basic and Advanced Courses Nationally and Internationally in Botox, Filler, Skin Conditioning Protocols, Chemical Peeling and Physical Peelings, Lasers in Dermatological and Aesthetic Medicine, Aesthetic Medicine in Acne Management, Threads Face and body lifting, Anti-Aging Medicine, Sclerotherpy, Pain Management in Aesthetic Medicine, Cellulite Management, Management of Skin Pigmentation Disorders, Hair Disorders Management, Mesotherapy, PRP, fat injections and minimal liposuction. Graduated MB.B.CH Faculty of medicine – Alkasser Alani – Cairo University. 1985 – 1991, With Multiple Certified Boards, Courses, PhD, and MD.

• Certified Course Laser & Aesthetic Skin Therapy – 2013 HARVARD Medical School – MASSACHUSETTS General Hospital Department of Dermatology – USA.
• Certified Course Laser Skin Therapy - 2013 under American Academy of Dermatology Florida – USA
• Certified Course Aesthetic Dermatology and Update in Hair Disorders - 2012 under American Academy of Dermatology - San Diageo - California – USA
• Certified American Board of Aesthetic Medicine - 2011 under American Academy of Aesthetic Medicine ( AAAM ) California – USA
• Certified Course of Botulinum Toxin Basic and Advanced - under American Academy of Dermatology - Florida 2010.
• Certified Course of Soft Tissue Augmentation - under American Academy of Dermatology - Florida 2010.
• Certified (ABS) American Board of Sexology – Maimonides University - Florida – USA 2002.
• Medical Doctoral Degree ( PHD) – Dermatology & Andrology - Faculty of medicine – Alkasser Alani - Cairo University – Egypt 2002
• Diploma of Health Care Total Quality Management (American University in Cairo) (Highest Score ) - 2001
• Master degree of dermatology & Andrology- Faculty of medicine – Alkasser Alani - Cairo University – Egypt 1997-1998
State of the Art Lecture

Dr. Alexander Melerzanov
MD, PhD, Dean, Moscow University
Department of Biological Medical Physics, Moscow, Russia

Day 1 – Thursday
November 19, 2015

Stem Cells and Minimally Manipulated Products for Anti-aging and Plastic Surgery / Cosmetology

Time
08:30 – 09:00

Outlines
• Stem cells features
• Paracrine effects of stem cells
• Quality control and rules for stem cells use

Abstract
Stem cells products very perspective for regenerative medicine. They can be used for the whole variety of purposes as aesthetic so regenerative. Never the less not everything about the stem cells is well understood therefore extreme caution should be applied when stem cell based products are used.

Session I – Dermatology

Prof. Tag Eldin Anbar
Professor of Dermatology and Andrology
Minya University, Egypt

Time
09:00 – 09:15

Melanocytes Between Pigmentation and Depigmentation

Abstract
In spontaneous or medically induced repigmentation, melanocytes may arise from various sources, as evidenced by the three observable patterns, namely perifollicular, marginal and diffuse. Accordingly, these melanocytes are found in the hair follicle unit, pigmented edge of the vitiligo lesion and the speculated additional reservoir responsible for the tanning pattern. The deep acknowledgment of their limitations in the form of availability and limited migratory capacity could aid in foreseeing the outcome. Thereby, direct our whole therapeutic plan to repigmentation or depigmentation.
Effect of Ghrelin Hormones on Hair Fall After Bariatric Surgery

Abstract
Patients suffer for hair fall after bariatric surgery due to stress of surgery, nutritional deficiency and superadded by Ghrelin hormone which is a very important secretagogue to growth hormone.
Lack of growth hormone affects ever dividing cells in the body including hair & bone marrow.
Scientists would have been in conflict if Ghrelin has to be given for better hair growth or give anti-Ghrelin vaccine for obesity as Ghrelin also acts as the most important hunger hormone which potentiate craving for food but luckily Ghrelin salts are as banned as anabolic steroids.

Advances in Melanoma Management

Abstract
There have been significant advances in cancer treatment over the past several years through the use of chemotherapy, radiation therapy, molecularly targeted therapy, and immunotherapy. Despite these advances, treatments such as monotherapy or monomodality have significant limitations. There is increasing interest in using these strategies in combination; however, it is not completely clear how best to incorporate molecularly targeted and immune-targeted therapies into combination regimens. This is particularly pertinent when considering combinations with immunotherapy, as other types of therapy may have significant impact on host immunity, the tumor microenvironment, or both. Thus, the influence of chemotherapy, radiation therapy, and molecularly targeted therapy on the host anti-tumor immune response and the host anti-host response (i.e., autoimmune toxicity) must be taken into consideration when designing immunotherapy-based combination regimens. We present data related to many of these combination approaches in the context of investigations in patients with melanoma and discuss their potential relationship to management of patients with other tumor types. Importantly, we also highlight challenges of these approaches and emphasize the need for continued translational research.
Session I – Dermatology

Guidelines for Vitiligo Management

Abstract

‘Vitiligo’ is a word that bears endless possibilities and no promises. Each vitiligo patient has a different story that demands a different therapeutic approach. Even though great efforts have been made to evaluate, study, compare and document the different therapeutic modalities available for vitiligo, clearly handling their modes of actions as well as their side effects and establishing clear stratified guidelines, numerous dilemmas are frequently met on practical grounds. ‘Stabilize’, ‘repigment’, ‘depigment’ or ‘camouflage’? ‘for whom and how do we achieve the best results’? ‘Separately or in combination’? – questions that need to be answered and decisions need to be taken in the appropriate timing and altered when the necessity arises. In the current lecture through utilizing the available knowledge and exploiting years of experience, we will go beyond the guidelines to set the rationale for an optimal and personalized therapy, within the framework of a stratified approach.

Updates in Rosecea

Abstract

Rosacea is a common cutaneous inflammatory conditions. The current classification system developed by the National Rosacea Society Expert Committee, Each subtype stands unique entity among a spectrum, with characteristic symptoms and signs with the complex pathophysiology.

The main treatment modalities for rosacea include topical, systemic, laser, and light therapies. Topical brimonidine tartrate gel and calcineurin inhibitors are at the forefront of topical therapies, alone or in combination with traditional therapies such as topical metronidazole or azelaic acid and oral tetracyclines or isotretinoin. Vascular laser and intense pulsed light therapies are beneficial for the erythema and telangiectasia, as well as the symptoms. Injectable botulinum toxin, topical ivermectin, and long-pulsed neodymium-yttrium aluminum garnet laser are emerging therapies that may prove to be extremely beneficial in the future. rosacea has become a well known and manageable entity in the setting of numerous emerging therapeutic options.
Session I – Dermatology

Dr. Haider M. Al-Attia
MBBCh, DTCD, MRCP, FRCP(I), FRCP(Glasg), FRCP(Lon), Consultant Physician in Internal Medicine & Rheumatology, Abu Dhabi, UAE

Time
10:15 – 10:30
Unusual Presentation of a Systemic Diseases

Abstract

Introduction: SLE is capable of producing number of clinical syndromes. On the hand Christian Weber syndrome is a rare condition that has rarely been associated with lupus. In this presentation we describe a patient in whom the Christian Weber syndrome was the presenting manifestation of systemic lupus erythematosus. Moreover, the patient developed Libman sack’s syndrome during the course of disease as well.

Case history: A 31-year old Arab female presented with a few months history of bouts of febrile illness associating with the development of tender erythematous skin indurations affecting mainly the lower limbs and extending proximally. She was admitted to hospital to receive courses of antibiotics. These lesions never disappeared. Later however, she developed polyarthralgia and myalgia. Also she begun to notice the pallor and pain of the fingers and toes. At this point, the patient tested positive for ANF, ds DNA Abs, RNP, Sm Abs and VDRL (TPHA negative). RF, anti CCP, anti centromere Abs, Scl 70 Abs,ACL Abs and LAC, Alpha 1 antitrypsin, ACE, Quantiferon TB Gold were either negative or of normal level. Neutrophilic infiltrates, fat degeneration, histiocytes & giant cells appeared on the nodule biopsy. The diagnosis of relapsing panniculitis ( Christian Weber syndrome) and or in SLE was made. Corticosteroids, PQL, and lastly dapsone were used. The most favorable response was to the latter and the old lesions faded but with residual scarring. However, during the follow up a systolic murmur was heard over the mitral area for which the echocardiography revealed verrucous lesions on the PML were identified. That was consistent with ( Libman Sack’s endocarditis). The lesion responded well to intravenous immunoglobulin ( IVIG) treatment and disappeared within a month.

Conclusion: This case represents the concurrence of three significant pathological conditions in a single patient. The awareness therefore of certain recognized disease-associations or sequel is always desirable as it has a positive impact on the management of the patient.
Psoriasis is a potentially life-threatening, genetic, immune-mediated, chronic inflammatory disease expressing in the skin or joints or both. Cytokine tumor necrosis factor-α (TNF-α) plays a very crucial role in pathogenesis of psoriasis. Sphaeranthus indicus traditionally used in treatment of various disease, in in vitro study showed that it inhibited release of TNF-α, IL-1β, IL-6 and IL-8. The extract dose-dependently inhibited the release of cytokines in stimulated human peripheral blood mononuclear cells (hPBMCs), and their spontaneous release in synovial cells derived from patients suffering from RA. TNF-α and IFN-γ induced release of p40 subunit of IL-12/IL-23, and p19 subunit of IL-23 in differentiated THP-1 cells was potently blocked. The expression of endothelial cell adhesion molecules in TNF-α-stimulated HUVECs was also potently inhibited.

The oral treatment significantly and dose-dependently reduced LPS-induced TNF-α and IL-1β production in mice. Disease regression was seen in collagen-induced arthritis in DBA/1J mice, which was validated along with radiological and histopathological evaluation. Therefore, the extract of S. indicus was evaluated in clinical studies to establish its safety and efficacy in the management of plaque psoriasis. Two different clinical trials, a. randomized, double blind, three arm, placebo controlled trial (Phase II) in 74 patients and b. an open label, non-comparative, multicenter trial (Phase IV) in 401 patients, were conducted for the treatment period of 12 weeks. Patients were evaluated for Psoriasis Area Severity Index score (PASI), Physician’s Global Assessment (PGA) along with histopathological analysis and gene expression profile study. Evaluation of safety was done by assessment of adverse events, physical examination, vital signs and laboratory parameters.

In Phase II study, 65 % patients achieved PASI 50 and 40 % patients achieved PASI 75 in S. indicus extract high dose group, also in same group PASI 90 was achieved by 15 % patients. In placebo group, PASI 75 was reached by 14 % patients. Improvement in PGA status was observed in 80 % patients and 62 % patients treated with S. indicus extract high dose group and low dose group respectively. Histopathological and biomarker data strongly support the improvement in the disease severity. The S. indicus extract was found to be well tolerated, only one serious adverse event pyonephrosis was (possibly) related in one patient receiving S. indicus extract high dose.

In Phase IV study, after completion of treatment at 12 weeks, more than half of subjects (52%) achieved PASI50 response; PASI75 response was attained in 68 (23%) subjects and PASI90 response in 22 (7%) subjects. In PGA status, the improvement in severity was observed in more than half of patients with moderate disease. In histopathology, it was observed that epidermal thickness was considerably reduced in 66% of subjects. The expression of inflammatory marker S100A9 protein was meaningfully reduced in 60% patients with non-significant reduction of Keratin 10 protein expression. Gene expression study showed an increase in down regulation of SERPINB4; PI3 and KRT16 genes post treatment, in subjects with higher PASI scores. S. indicus (2.8g/day) was well tolerated by all the subjects. The observed adverse events were mild to moderate in nature, and a single serious adverse event was reported as hepatitis.

Conclusion: S. indicus extract was effective, safe and well tolerated in both the dosage strengths; however it was more effective in subjects with moderate to severe plaque type psoriasis at the higher dosage of 2.8 g/day.
Session II - Cosmetics

Dr. Alex A. Khadavi
MD, FAAD Board Certified Dermatologist
Associate Professor of Dermatology,
California, USA

Dr. Edwardo Krulig
Plastic Surgeon, Aesthetic and Reconstructive Surgery,
Aesthetic Medicine, Poland

Time
11:15 – 11:30
Anti-Aging of Skin; A to Z

Abstract
Over the last 50 years the treatment approaches to anti-aging of the skin have evolved from indirect and mildly efficacious approaches of injury to the skin to direct signals that facilitate the body’s own message and repair pathways to reverse aging of the skin. We will explore these methods and give a scientific understanding to the approach of anti-aging of the skin with the most effective and least invasive approaches.

Dr. Edwardo Krulig
Plastic Surgeon, Aesthetic and Reconstructive Surgery,
Aesthetic Medicine, Poland

Time
11:30 – 11:45
Modern Peeling and Pigmentation Treatment in Hyper-Pigmented Lesions

Outlines
• Presentation of a fast depigmenting treatment with Hydroquinone
• Presentation of a new formula without Hydroquinone
• Reviewing the melanogenesis scheme
• Breaking down myths

Abstract
Traditionally melasma and hypermelanosis required long treatments having poor results where the reappraisal of the spots was the most common of the complications. Discontinuation of the treatment by the patient also produced the failure of the efforts. The Author has developed 25 years ago a treatment for hyperpigmented lesions due to an excessive production of melanin in which Hydroquinone plus other 5 active ingredients has been included and combined in one single formula for the first time in the history of this kind of treatments. The continuous use of Hydroquinone through these 25 years has been successful not reporting any case of complications referred to damage to melanocytes. Recently, the author has developed a new cosmeceutic formula without Hydroquinone for the maintenance period understanding that the treatment must be maintained over the time. It is a multifunctional product which cover the following aspects: depigmentation, skin renewal, rejuvenation (anti-aging) and beautification, all in one: AMELAN HQF (hydroquinone free) by Krulig.

The main aspects in the treatment of hyperchromic lesions due to the excessive production of melanine is related to following three aspects:
• Blocking the tyrosinase
• Blocking the oxidation
• Interfering the transfer of the melanosomes to the epidermal keratinocytes

The Physician nowadays must consider the importance acquired by medical-cosmetics in modern life of people and should actively and immediately join the field of cosmetic treatments with precise indications in Aesthetic Dermatology and Aesthetic Medicine & Anti-Aging. It is the huge new branch in Medical knowledge: Medical Cosmetics products.
Contemporary Protocols of PRP in Aesthetic Dermatology

Learning Objectives

• To explain the concept behind PRP
• To discuss Mechanism of action of PRP
• To highlight the contemporary uses of PRP in aesthetic dermatology

Abstract

Platelets are components of the clotting system which are activated upon blood vessels injury. They participate in recovery & healing of tissue in response to injury as they were found to be a biochemical storehouse of regulatory, signaling & growth-factor molecules.

Contemporary uses of PRP in cosmetic dermatology include: face & hand rejuvenation, treatment of chronic atrophic scars particularly post acne, fine wrinkles & hair loss as well as cases of melasma, dark circles & striae, in addition to being a great player in multiple combination therapies.

The process starts by venous blood harvesting, followed by two spin centrifugation of the patient’s autologous blood, afterwards the platelets are activated utilizing Calcium Chloride 10%, followed by intradermal injection of the activated PRP.

Sessions are carried every 2-4 weeks according to the indication and injection technique varies between nappage and linear retrograde ones. Amount injection per site and distance between injection points varied according to indication and severity.

PRP appeared to be an effective, safe, convenient and reliable procedure in addition to being of the trendiest modalities with short downtime and minor risk margin for multiple purposes in antiageing dermatology.
Abstract

Introduction: A large number of therapeutical modalities to target skin laxity have been developed on the latest decades. Theses treatments range from the injection of biomodulating agents to the use of energy delivering devices to stimulate fibroblasts and boost collagen synthesis. We present and discuss the characteristics of micro-focused ultrasounds and compair it to the other treatment options.

Treatment of laxity is one of the most challenging aspects of the rejuvenation treatment programs. Once developed the excess of tissue can only be effectively removed through surgery. Non surgical modalities to fight against laxity have been presented during the last decades. Radiofrequency (RF) is probably the most extended one. Heating the dermal tissue up to 55º, RF induces the contraction of collagen bundles as well as an increase of the synthesis of new collagen that translates in a progressive tightening of the treated areas. However the gradient of heating (from surface to depth) and the pain induced by a non specific bulk heating limit the penetration and efficacy of these technologies. Different modalities (monopolar, multipolar, microneedeling…) have been developed in the attempto to solve this inconveniences and to increase efficacy.

The intradermal injection of biological active substances that activate collagen synthesis is another treatment option for laxity. Substances like polylactic acid have shown to be able to slowly increase dermal thickness and re-define the facial contour. However the need of multiple painfull injections and possible secondary reactions (bruising, dermal nodules…) make this option to be less desired by the patients.

Intrademal tension threads that can also be spiculated or present cones and that are composed of different biologically active substances can be used to stimulate collagen and mechanically induce tension. However they enter the spectrum of slight invasive techniques.

Micro-focused Ultrasound is the only non-invasive technology with an FDA-approved indication for skin lifting. Ultrasounds are used to visualize the depth of action and to induce, through focalization at different depths (1.5, 3 and 4.5 mm) small spots of heating that induce coagulation and thus collagen contraction and synthesis at the specific target depths, avoiding non specific and superficial bulk heating and thus significantly reducing pain and secondary reactions.
Session II – Cosmetics

Dr. Bruce Baldwin Allan
Staff Physician, South Health Campus, Assistant Clinical Professor, Obstetrics & Gynecology, University of Calgary, Calgary, Alberta, Canada

Time
12:15 – 12:30

Improved Integrity of the Vaginal Wall Using Patented Radio Frequency Energy and Integrated Cooling

Learning Objectives
• Define vaginal laxity and describe the effect it has on women’s sexual health
• Describe the principle of addressing vaginal laxity non-surgically
• Compare energy modalities in terms of safety and efficacy
• Review outcomes of studies in the literature regarding laxity and sexual function

Dr. Dirk Harald Groene
MD, FAAD, Founding Director of the Clinic for Interdisciplinary Dermatology, Skin Lasers & Surgery Specialist, Berlin Germany

Time
13:45 – 14:00

How to Improve Skin Quality and Sagging In One Session?

Outlines
• Features of ageing and methods to establish an objective diagnose
• Redefining the standard for skin care consultations
• Patients benefit on fillers and factors to be considered using different techniques and materials

Abstract
This talk is mainly about assessing signs and symptoms of gender ageing processes and outlines the difficulties in starting on new patients. Using filler injections on an untreated patient, every dermatologist or plastic surgeon should have his or her optimal material and a program in mind for male and female patients. The speaker shares with the audience his practical experience in introducing fillers to a new patient redefining the standard for skin care consultations and discusses the treatment options to start as safe and as effective as possible into a series of rejuvenation sessions.

The second part of the talk focuses on the possibilities and risks of using fillers in various region of the face and gives evidence for a safe fresh point technique including liquid eye brow lifts, mid facial and lip contouring and chin enhancement with as little as 2 ml material of hyaluronic acid in the first session.
New Topical Photodynamic Therapy for Hidradenitis Suppurativa

Learning Objectives

• To provide better penetration to the deeper layers of the dermis
• To define the use of IPL with 630 nm filter as a source of activation of MB
• To define the use of IPL to destroy the hair follicle, which is considered to underlie the pathogenesis of HS.

Abstract

Hidradenitis suppurativa (HS), is a chronic, recurrent dermatosis affecting skin that contains apocrine glands. Photodynamic therapy using aminolaevulinic acid (ALA) activated by intense pulsed light (IPL) have shown variable success rates, with some adverse effects. The purpose of this study to evaluate the efficacy and safety of methylene blue (MB) as a photosensitizer delivered as a niosomal gel for the treatment of HS using IPL. We enrolled 11 patients with HS in the study, which was a randomized split-body study. One side of each patient’s body was treated with niosomal MB (NMB) gel and the other side was treated with unloaded (free) MB (FMB) gel. The affected sites were irradiated using IPL with a 630 nm filter. Patients were followed up at 1, 3 and 6 months after treatment. Drug release from the FMB gel was significantly higher (P > 0.05) than from the NMB gel. Lesions showed 77.3% and 44.1% reduction on the NMB and FMB sides, respectively. A significant reduction in the Hidradenitis Suppurativa Lesion, Area and Severity Index (HS-LASI) after treatment was elicited in both groups, with no pain, erythema or hyperpigmentation. The combination of MB as a photosensitizer activated with 630 nm IPL as a light source is a successful PDT for HS. Delivery of MB in niosomes was more effective for drug penetration to the dermis compared with delivery by FMB gel. The 630 nm filter was not only a source of activation of MB but also a means of hair-follicle destruction.

Dr. Abeer Tawfik
PhD, Assistant Professor of Dermatology, National Institute of Enhanced Laser Sciences, Cairo, Egypt

Cellulite: A New Treatment Combining Laser Lipolysis and Fat Transplantation

Outlines

• Cellulite is an alteration of the topography of the skin
• The presence of cellulite is a significant source of patient dissatisfaction.
• The treatment of severe cases of cellulite by a combination of laser lipolysis and autologous fat transplantation proved to be both safe and effective. This approach has the advantage of inducing neocollagenesis and stimulating postoperative skin tightening.

Abstract

Cellulite (gynoid lipodystrophy) is an alteration of the topography of the skin. The presence of cellulite is a significant source of patient dissatisfaction. There is currently no cure or consistently effective treatment for cellulite.

We present the use of subdermal application of the Nd:YAG laser combined with autologous fat transplantation as a safe and effective treatment for cellulite. This treatment resulted in significant clinical improvement in cellulite.

Subdermal laser lipolysis has the advantage of inducing neocollagenesis and stimulating postoperative skin tightening. This technique represents a new treatment option for cellulite disorder.

Dr. Alberto Goldman
MD, Plastic Surgeon, Brazil
Update in Laser Management for Melasma

Learning Objectives
Melasma is an acquired pigment disorder showing symmetrical hyperpigmentation of the face characterized by light to dark brown patches with indistinct borders on both cheeks. Melasma is prevalent in middle-aged women with harmless hormone imbalances. It is also known as the mask of pregnancy and is prevalent in most child-bearing women. It fluctuates month by month, and yet, there is no promising treatment. The Q-switched End YAG (QS-Nd:YAG) laser (1,064-nm wavelength) was introduced years ago for both skin toning and treatment of facial pigment. This low-fluence, 1,064-nm QS-Nd:YAG laser also reportedly improved melasma.

AIM: The aim of this study is to evaluate the improvement of melasma using different parameters with the 1,064-nm QS-Nd:YAG laser with ranging in age from 32 to 45 years (mean 37 years). Most of the melasma cases were dermal or mixed-type melasma. The patients had no cosmetic treatment (laser, intense pulsed light, or chemical peel) 1 year prior to the study.

Method: The melasma area of patient was treated with the 1,064-nm QS-Nd:YAG laser for eight sessions at 1-week intervals. The laser treatment was divided into two parts with different parameters. First, each patient underwent Melasma area for two pass with an 8-mm spot size at a power of 2.0 J/cm². Next, the spot size was shifted to 6 mm at a power of 3.5 J/cm² for one pass. The end point was mild erythema and swelling, without petechiae. All patients applied ice packs for 5 min. The improvement was more pronounced during second to fourth sessions. Results improvement in melasma pigmentation was seen in all patients. There was no rebound or post-inflammatory hyperpigmentation detected during the 3-month follow-up period.

Conclusion: Q-switched 1064 nm Nd:YAG laser toning offered good results in the treatment of melasma during the treatment time and three month later, continuous maintenance treatment sessions required in monthly base in order to maintain the result.
Dr. Sergio Noviello Milano  
MD, Cosmetic Surgery and Aesthetic Medicine, Board Certified WAOCS, Board Certified IDofABCS, Milano, Italy

Time  
15:15 – 15:30

Tummy-tuck with Bloodless Atraumatic Technique (BAT).  
New perspective in Surgery achieving low rate of short and long-term complications.

Learning Objectives
- To analyze the state of the art of Abdominoplasty
- To present the BAT Tummy-tuck
- To discuss How to achieve results
- To identify recommendations

Abstract
From the first surgical procedures abdominoplasty patients experienced a recovery and return to full normal activities interval of 14 days to several weeks, depending on the techniques and processes used by surgeons. For decades, the norm for patients was prolonged recovery with restrictive bandaging, special garments, drain tubes, narcotic pain medications, and other adjuncts.

Dr. Noviello used principles derived from physics and engineering, videorecording with cameras and then documenting and evaluation every move that occurred during an abdominoplasty. During hundreds of hours of video analysis, actions that were unnecessary were eliminated and other actions refined or combined to make them more efficient. Instruments were developed to facilitate surgeon visualization and control. Surgical techniques were refined to dramatically reduce trauma to tissues, sharp and large dissections and to virtually eliminate bleeding and blood soaking into tissues, causing pain and inflammation and increasing risks of other complications.

Dramatic improvements in recovery, reoperation rates, and the entire patient experience are not magic, but they do not predictably occur without substantial commitment and effort by the surgeon and all personnel. Delivering this redefined level of patient experience requires that surgeons read peer reviewed and published literature, but more importantly, follow the processes and techniques exactly before modifying or ignoring them, and commit the time and effort required to learn and practice the processes with their personnel.
Abstract

Introduction: Since the beginning, the use of hyaluronic acid as a “filler” has always posed the questions of quantity limit for each application and intervals between sessions, mainly due to the molecular properties of attracting fluids resulting in post-inflammatory edema, and considering tissue integration of the substance.

The institutional controlling agencies (for example in the US FDA) tried to establish recommendations, whereas no international scientific society has ever clearly expressed any guidelines. For this reason the widespread approach has always been “extreme caution” in order to make post-treatment recovery as fast as possible, while avoiding the risk of prolonged edema, temporary morphological distortions, nodules or post-inflammatory granulomas.

The current trend in facial rejuvenation emphasizes the need for a comprehensive approach to skin and the morphology of the face, or what is referred to as “Full Face”. This method requires the use of higher volumes than those used in the past, when the perspective was not global, but aimed at the correction of individual defects. This technical necessity, resulting from the need to carry out the treatment preferably in a single session, has revived the important issue of volume used in a single session to get the best results without losing sight of security. Owing to the Hydrolift Full-Face approach, we can easily reach the aesthetic target, maintaining acceptable volume to ensure the safety of the treatment, while sustaining accessibility and consequently patient compliance.

Materials and methods: A significant sample of subjects of both genders and age ranges between 35 and 70 years underwent the Hydrolift Full Face treatment with hyaluronic acid of different molecular weights and cross-linking degrees. Each subject was treated with 8 ml of hyaluronic acid using both needle and cannula. An anatomical-morphological approach was used respecting the anatomical planes.

A post-operative control was performed immediately and one hour after treatment, and subsequently one, three and seven days later.

Evaluations were made on; edema, skin temperature, bruising, asymmetry, palpable nodules and pain.
Session IV – Minimal Invasive Aesthetic

Prof. Moraya Al Qahtani
MBBS, FRCSC, Assist Prof., Plastic Surgeon, Microvascular and Reconstructive Surgeon, King Khalid University, Abha, Saudi Arabia

Time 15:45 – 16:00

Lipo Filling Updates and Techniques

Outlines
- Principles and biology
- Fat harvesting
- Fat processing
- Clinical application

Dr. Gkritzas Konstantinos
Dermatologist Cosmetic Surgeon, Head Dermatologist at Al Najat Medical Center, Kuwait, Consultant at Goldman Clinic Brazil and Milano Estetica Italy, Greece

Time 16:00 – 16:15

Intra Lipotherapy Five Years Experience
No Surgical Technique

Abstract

Introduction: intralipotherapy is a term commonly used in the field of aesthetic medicine, especially in Europe, which defines a certain specific injection technique developed for the treatment of localized fat with agents adipocytolytics. The aim of the study is to define the technique in detail and all that is inherent to it, on the basis on years of multicity center experience by doctors who perform it.

Materials and methods: from January 2010 to December 2014, xxx European doctors (mainly Italian, Spanish, Greek, Turkish, English) have been trained by the authors on the treatment of localized fat using intralipotherapy. In this time period about xxx treatments were performed. The adipocytolytic agent used was an approved CE medical device. The technique, the armamentarium, the dosages, the protocol, and the management of post and adverse events are described below.

Results: the intralipotherapy technique combined with the appropriate adipocytolytic agent has been shown to be effective in every zone on the average in XX% of the cases. The variability was based on the area and the subject treated. The standardization of the technique, the uniformity of the Protocol and post treatment management were in fact essential to ensuring consistent results and minimize adverse events. The latter occurred in a small percentage of cases. More serious adverse effects occurred less frequently.

Conclusions: This study shows how an appropriate adipocytolytic device used with a well-executed technique together with a standardized intralipotherapy and making sure the proper and necessary precautions are taken, can be effective and safe for reducing unwanted fatty subcutaneous deposits.
Learning Objectives

- Present the characteristics of laser-assisted liposuction
- Demonstrate tissue tightening, laser lipolysis and small blood vessels coagulation using subdermal laser in the body
- Understand the laser-assisted liposuction as a safe, effective and useful tool in the armamentarium of the aesthetic surgeon performing body contouring

Abstract

Liposuction is currently one of the most common cosmetic surgical procedures. Recently, lasers have been adapted for the treatment of localized fat. The main indication for the use of laser lipolysis and laser-assisted liposuction is body contouring. It can be used for primary and secondary procedures. Any patient who is a candidate for traditional liposuction is a candidate for laser-assisted liposuction.

The main effects related to the use of the Nd:YAG laser in direct contact with adipose tissue are adipocyte cell membrane rupture, coagulation of small blood vessels within the adipose tissue, coagulation of adipose and dermal collagen, and a reorganization of the reticular dermis.

The Nd:YAG laser is a useful tool for the treatment of local lipodistrophy. The combination of the pulsed 1064-nm Nd:YAG laser and autologous fat transplantation represents a viable option for the treatment and improvement of cellulite.

The subdermal laser delivery proved to be effective for cellular lysis and collagen neoformation and represents a useful option for the treatment of localized fat, lipomas, irregularities in fatty tissue, secondary liposuction, hyperhidrosis and selective cases of skin and tissue flaccidity.
Abstract

Blepharoplasty is one of the most commonly performed operations in plastic surgery, especially among middle-aged patients. Ablative lasers, especially the carbon dioxide laser, assist in tissue cutting and hemostasis. These lasers also offer skin resurfacing with its unique advantages despite the prolonged downtime. The author presents his laser-assisted blepharoplasty experience and the recent addition of one simply performed, inferior lateral retinaculum plication to the procedure (single suture traction technique, SSTT). Hence, the laser skin resurfacing of the lower eyelid has been avoided due to the skin traction applied, preventing the patient from the long period required for resolution of erythema and potential hyperpigmentation. Furthermore, the tightening effect on the canthal ligament offers a more youthful look to the surgically treated eye and improves the texture of the lower eyelid skin by the traction applied. The traction is applied via the upper blepharoplasty incision by dissecting a suborbicularis plain at the lateral part of this incision and placing the plication suture on the periosteum of the orbital rim. The lower eyelid blepharoplasty is performed via a transconjunctival incision hence no external incisions are required in the lower eyelid and the risk of post op ectropion sclera show or change of the characteristics does not exist.

The technique is step by step presented on video clips.

Patient satisfaction following this technique is rated very high and post op adverse effects are minimized.

The results, advantages, disadvantages, potential complications, tips and tricks, patients’ and surgeon’s evaluation of this innovative technique over the last five years are presented in details.
State of the Art Lecture

Dr. Dirk Harald Groene
MD, FAAD, Founding Director of the Clinic for Interdisciplinary Dermatology, Skin Lasers & Surgery Specialist, Berlin Germany

Outlines

- Multiple indications and patients benefits of LVR
- “Best of summary” on lasers for vaginal rejuvenation
- Factors to be considered during the procedure of vaginal laser treatment

Abstract

Since its European launch in 2008, the LVR has mainly been used in urine incontinence patients not willing to undergo surgical treatments. Vaginal lasers are able to release energy through a special pulse, and the laser energy heat penetrates to a depth that stimulates the synthesis of new fibers, which results in higher elasticity and thickening of the vaginal skin, increasing moisture and better lubrication of the vagina.

Latest multicenter trials assessed the use of CO2 fractional laser therapy on 30 women with vaginal health issues due to menopause. All of the patients were treated with CO2 laser energy to the vaginal wall to promote vaginal mucosal revitalization and a return to premenopausal vaginal health. This minimally invasive, painless procedure can easily be done in an office setting and in three treatments, each taking less than five minutes, six weeks apart. The women showed highly statistically significant improvement in symptoms – including dryness, pain, itching, painful urination and painful intercourse – after the first treatment. They experienced no side effects or adverse reactions and showed an escalation of progress with each subsequent treatment. Issues of vaginal health are frequently seen in postmenopausal women, breast cancer survivors and women who have had a hysterectomy. The vaginal Laser treatment is particularly well suited for patients who cannot, or elect not to, receive estrogen therapy. Physicians currently have a limited number of treatment options, and many patients cannot use standard therapies or find them unsatisfactory.

LVR will fill a very important medical need for a very common and debilitating problem, and it has the potential to become a preferred treatment approach for patients suffering from genitourinary syndrome after child delivery or menopause.
Session V - Cosmetics

Dr. Alexey A. Moskalev
DSc (biol.), Professor, Syktyvkar State University, Syktyvkar, Russia

Time
08:30 – 08:45

Anti Aging Techniques Review

Abstract

Aging hitherto is not recognized disease. However, it is a major risk factor for the development of socially significant chronic diseases such as neurodegeneration, cancer, type 2 diabetes, atherosclerosis, hypertension, infarction and stroke. Aging therapy using geroprotectors can serve for prevention and treatment of the above disorders. Currently, it is completely absent geroprotectors as drugs on the market. At the same time using a model animal conducted screening of substances prolonging the life. Translation into the practice of medicine of experimentally known geroprotectors promises revolution in the treatment of age-related diseases.

The last two decades were marked by successes of longevity genetics. Intervention in genotype allowed extending the life of yeast cells and nematodes up to 10 times, fruit flies and mice - 2 times. From studies in animals for a total of 1,800 known genes are potential targets for anti-aging therapy. Application of the targeted approach is the obvious next step in the development of geroprotectors. Our studies have shown the geroprotective effects of inhibitors of PI3K, TOR, NFkB signalings and some none steroid anti inflammation drugs. Gene therapy is a promising approach in the prevention and treatment of age-related pathologies. Telomerase gene activation and repression of NF-kB transcription factor by gene therapy allowed to slow aging in mice.

Dr. Francisco Manuel de Melo
Consultant Plastic Surgeon
Aesthetica Clinic, Dubai

Time
08:45 – 09:00

Growth Factors: Harnessing Healing Power, From Restoration to Rejuvenation

Abstract

Since the Nobel Prize-winning discovery of nerve growth factor (NGF) and epidermal growth factor (EGF) in 1986, scientists and physicians alike have sought to understand and apply the physiological benefits of growth factors. Strides have been made in healing, rejuvenation, tissue remodeling and systemic restoration. While the activity of growth factors and other elements of the cell secretome in response to acute wound damage are becoming increasingly well known, it remains a novelty to many that similar principles of restoration and remodeling repair can be employed for the sake of cosmeceutical rejuvenation. Within this domain, topical serums containing an intricate balance of growth factors, cytokines and other peptides have proven effective in reversing the signs of extrinsic aging. Perhaps the most effective of these serums include those engineered and patented (U.S. Pat. 8,518,819). This study corroborates the idea that the topical application of growth factors and cytokines are beneficial in reducing the signs of skin aging of the face, including the area around the eyes. Moreover, growth factors have been shown to restore hair growth and slow down the progression of Androgenetic alopecia. Our study established the effectiveness of naturally occurring growth factors for anti-aging, skin rejuvenation, wound healing and for the first time in the treatment of hair loss.
Session V – Cosmetics

Dr. Sergio Noviello Milano
MD, Cosmetic Surgery and Aesthetic Medicine, Board Certified WAOCS, Board Certified IDofABCS, Milano, Italy

Learning Objectives
• To analyze the state of the art of Face-Lifting
• To present the BAT Face-Lifting
• To discuss How to achieve results
• To identify recommendations

Abstract
From the first surgical procedures in the early 1900, face-lifting patients experienced a recovery and return to full normal activities interval of 14 days to several weeks, depending on the techniques and processes used by surgeons. For ten decades, the norm for patients was prolonged recovery with restrictive bandaging, special garments, drain tubes, narcotic pain medications, and other burdensome adjuncts.

Dr. Noviello used principles derived from physics and engineering, videorecording with multiple cameras and then documenting and evaluation every move or action that occurred during a face-lift. During hundreds of hours of video analysis, actions that were unnecessary were eliminated and other actions refined or combined to make them more efficient. Instruments were developed to facilitate surgeon visualization and control. Surgical techniques were refined to dramatically reduce trauma to tissues, and to virtually eliminate bleeding and blood soaking into tissues, causing pain and inflammation and increasing risks of other complications.

Dramatic improvements in recovery, reoperation rates, and the entire patient experience are not magic, but they do not predictably occur without substantial commitment and effort by the surgeon and all personnel. Delivering this redefined level of patient experience requires that surgeons read peer reviewed and published literature, but more importantly, follow the processes and techniques exactly before modifying or ignoring them, and commit the time and effort required to learn and practice the processes with their personnel.

Dr. Alex A. Khadavi
MD, FAAD Board Certified Dermatologist
Associate Professor of Dermatology, California, USA

Abstract
Androgens have been associated with both initiating and exacerbating of the most common skin conditions including Acne Vulgaris, Acne Rosacea and Androgenic Alopecia.

We will explore both the molecular etiology and innovative treatments to address the root of these hormonal skin conditions.
Session V - Cosmetics

Dr. Nancy A. Labib
MBBch, MS, MD, ABLS, Specialist Dermatologist and Venerologist, Laser Specialist, Medcare, Dubai, UAE

Time
09:30 – 09:45
Pathophysiology and Innovative Treatments for Peri-Orbital Dark Circles

Learning Objectives
• Identify the essentials to classify the type of POH and determine underlying causative factors
• Review tear trough deforming that results in the casting of a dark shadow
• Role of PRP in treatment of infraorbital dark circle

Abstract
Periorbital melanosis (dark circle) is a frustrating condition with a multifactorial pathogenesis including genetic or constitutional pigmentation, dermal melanocytosis, post-inflammatory hyperpigmentation secondary to atopic and allergic contact dermatitis, excessive subcutaneous vascularity, hormonal abnormalities, pigmentary demarcation lines, shadowing due to skin laxity, and tear trough associated with aging. When no cause is apparent, it is also termed idiopathic cutaneous hyperchromia of the orbital region (ICHOR).

No significant correlation between ICHOR prevalence and family history, atopic and contact dermatitis, contemporaneous melasma and factors. Sun exposure is a risk factor of dark circles aggravation.

Periorbital hyperpigmentation is a multi-factorial entity. It is absolutely essential to classify the type of POH and determine underlying causative factors in order to direct appropriate measures for better and successful outcome in future.

A complete medical history and physical examination is encouraged prior to treating the aesthetic component. Sun protection is a cornerstone of therapy. Safety issues are of utmost concern when embarking upon treatments such as chemical peeling, filler injection, and laser therapy as not to worsen the pigmentation. Without intervention, POH usually progresses over time so early intervention and management is encouraged.

Tear trough deformity is a major concern in a lot of individuals seeking periorbital rejuvenation. A prominent tear trough deformity is characterised by a sunken appearance of the eye that results in the casting of a dark shadow over the lower eyelid, giving the patient a fatigued appearance despite adequate rest, and is refractory to attempts at cosmetic concealment. The tear trough deformity is a natural consequence of the anatomic attachments of the periorbital tissues. A variety of techniques have evolved to address this cosmetic issue. Traditional techniques relied on surgical excision of skin, muscle, and fat as well as chemical peels. Treatment is now tailored towards specific anatomic abnormalities and often employs multiple modalities including surgery, botulinum toxin, and replacement of volume.

Platelet-rich plasma may have the potential to improve infraorbital dark circle in terms of color homogeneity of the region, though this remains to be proven using larger, controlled studies using multiple injections. In fact two approaches is better than one approach when you address any cosmetic problem.

Dr. Nancy A. Labib
MBBch, MS, MD, ABLS, Specialist Dermatologist and Venerologist, Laser Specialist, Medcare, Dubai, UAE
Session VI – Dermatology

Abstract

Atopic dermatitis (AD) is a common, genetically predisposed, inflammatory and pruritic skin disease. The pathogenesis of AD is incompletely understood. Skin barrier and immune dysregulation in AD have been made with important therapeutic implications. In my lecture “atopic dermatitis updates”, we will review what is recent updates in pathophysiological aspects of barrier malfunction and inflammation as well as the interaction of the cutaneous immune system with the skin microbiome and diagnostic procedures for working up atopic dermatitis patients.

Dr. Khaled Othman
MD, Conference Chairman, Consultant Dermatology, Advanced Center for Daycare Surgery, Abu Dhabi, UAE

Abstract

Celiac disease (CD) is an autoimmune gluten-dependent enteropathy characterized by atrophy of intestinal villi that improves after gluten-free diet (GFD). CD is often associated with extra-intestinal manifestations; among them, several skin diseases are described in CD patients (Dermatitis herpetiformis, Linear IgA bullous dermatosis, Urticaria, Hereditary angioneurotic edema, Cutaneous vasculitis, Erythema nodosum, Erythema elevatum diutinum, Necrotic migratory erythema, Psoriasis, Vitiligo disease, Behçet’s disease, Oral lichen planus, Dermatomyositis, Porphyria, Alopecia areata, Acquired hypertrichosis lanuginosa, Pyoderma gangrenosum, Ichthyosiform dermatoses, Pellagra, Generalized acquired cutis laxa, and Atypical mole syndrome and congenital giant naevus). The presentation review reports all CD-associated skin manifestations described in the literature and tries to analyze the possible mechanisms involved in this association. The opportunity to evaluate the possible presence of CD in patients affected by skin disorders is discussed. GLUTEN-FREE diet help to eliminate skin symptoms of celiac disease skin manifestations.
Session VI – Dermatology

Day 2 – Friday
November 20, 2015

Unusual Mucocutaneous Conditions

Abstract

Background: Several rheumatological conditions are known to be associated with a variety of mucocutaneous features and the vice versa with primarily major skin conditions who tend to have musculoskeletal disorders.

Aim: To briefly span through some clinical settings of rheumatological, genetic & metabolic conditions of certain uncommon dermatological association.

Patients: Individuals with diverse disorders of lupus profundus, evolving antiphospholipid syndrome, psoriatic arthropathy, loffgren syndrome, progeria, Shulman syndrome, extensive gout, tumoral calcinosis cutis & mucocutaneous side effects of certain medications are presented.

Conclusions: Some features represent an eye opener to the treating clinician while managing those cases whereas the others revive the well recognized but rather unusual associations linking various medical subspecialities.

Dr. Haider M. Al-Attia
MBBCh, DTCI, MRCP, FRCP(I), FRCP(Glasg), FRCP(Lon), Consultant Physician in Internal Medicine & Rheumatology, Abu Dhabi, UAE

IL-17A : New Era in Management of Psoriasis

Abstract

Plaque psoriasis is a chronic disease; therefore, sustaining treatment benefits is important. In addition to TNF alpha blockers, anti IL-17A has been demonstrated to be highly efficacious in the treatment of moderate to severe plaque psoriasis, with a sustained effect and a favorable safety profile.

Secukinumab, a fully human anti-interleukin (IL)-17A monoclonal antibody (mAb) has been studied in 5 phase III studies. The approval studies ERASURE & FIXTURE have demonstrated significant responses on PASI 75, 90, 100 and quality of life versus etanercept and placebo respectively. The superior results reflected on PASI 90 have also shown a better quality of life, measured by DLQI, of patients who were receiving Secukinumab 300mg dose.

A further phase IIIb study is ongoing which is comparing Secukinumab to Ustekinumab (an anti-IL-12/23 mAb) in adults with moderate to severe plaque psoriasis – CLEAR study. The superior 16-Wk efficacy of secukinumab vs. ustekinumab in subjects with moderate to severe plaque psoriasis also translates into greater improvements in patient HRQoL.

Dr. Curdin Conrad
Medical Doctor, PD, MER1, Head of Center of Excellence for Psoriasis at Department of Dermatology at CHUV, Lausanne University Hospital, Switzerland
Session VI – Dermatology

Dr. Sahar Al Nowais
Specialist Dermatologist, Ambulatory Health Services, Zafrana Health Care Center, UAE

Time
11:30 – 11:45
Foods and Fads In Acne

Outlines
- To what dietary modification would improve, prevent, or exacerbate acne
- To acknowledge that diet is food and dietary supplementations.
- To achieve awareness of certain foods and fads that not only not cures but worsens the condition of acne.

Abstract
The search for a cure for acne is endless, and recent trends, fads and foods are always sought to cure or alleviate the acne condition. Many foods, supplements, diets, and medications are always bought with the intention of curing the condition of acne, but none the less some not only do not cure but worsen the acne condition leaving the patient with horrible side effects and are also costly and a burden. According to scientific evidence there are certain foods that may exacerbate the acne condition and the public should be aware of and the misconceptions and fads should be avoided through well trusted dermatologists, nurses and healthcare workers. The youth in which the peak incidence of acne occurs at should be educated and encouraged not to fall into the trap of internet sites, over the counter medications and unreasonable expectations from friends, books, magazines and unqualified personnel.

Dr. Thomas Berger
MD, Consultant, Dermatology, Allergy and Cosmetic Dermatology, Bodyworks, Assistant Professor, Faculty of Dermatology, University of Erlangen, Germany, Health Bay Clinic, Dubai, UAE

Time
11:45 – 12:00
Management of Atopic Dermatitis

Abstract
Atopic dermatitis (AD) is a multifactorial chronic inflammatory skin disease caused by a variety of factors such as genetic conditions involving skin barrier, immunologic imbalance and environmental triggers. The disease affects approx. 10-20 % of children worldwide and is therefore one of the most common skin conditions in childhood.

The presentation will summarize current concepts of the pathogenesis of AD, and its influence on the therapeutic management.
**Session VII – Laser & Diagnostic**

**Dr. Abeer Tawfik**
PhD, Assistant Professor of Dermatology, National Institute of Enhanced Laser Sciences, Cairo, Egypt

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**Learning Objectives**

- To identify a new treatment modality for nail psoriasis
- To discuss the mechanism of action of ipl
- To review the assessment of successful treatment of nail psoriasis

**Abstract**

Pulsed dye laser has been used successfully in the treatment of nail psoriasis. Intense pulsed light (IPL) has been used in the treatment of plaque psoriasis using a 530-nm filter. This study was carried on to study the efficacy of IPL in the treatment of nail psoriasis. Twenty patients with finger and toe nail psoriasis were treated by IPL. Sessions were performed every 2 weeks for a maximum of 6 months. The Nail Psoriasis Severity Index (NAPSI) score was calculated at baseline and 1 month after the last treatment session. Follow-up was performed at 1, 6, and 12 months. Patients received a mean of 8.63 ± 3.6 IPL sessions. After treatment, there was significant improvement in the nail bed and matrix (p < .0001), and in the NAPSI (p < .0001). Nail bed showed improvement by 71.2%, whereas the nail matrix improvement was only 32.2%. The total NAPSI was 82.4%. Patient follow-up revealed relapse in 3 patients after 6 months. Intense pulsed light is a promising effective modality of treatment of nail psoriasis, which is easy to use, safe, and provide a long period of remission. This was confirmed by the elicited clinical improvement, NAPSI, and patient satisfaction.

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**Prof. Ximena Wortsman**
MD, Adjunct Associate Professor, Department of Radiology and Department of Dermatology, Clinica Servet, Faculty of Medicine, University of Chile, Chile

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**Learning Objectives**

- Review the role of ultrasound in the support of the diagnosis and assessment of severity of common dermatologic and aesthetic conditions
- Know the normal ultrasound anatomy of the skin, nail and hair
- Define the requisites for performing these examinations

**Abstract**

Currently, diagnostic ultrasound in dermatology and aesthetics is becoming an increasingly available imaging tool with a wide evidence to support its use. Analysis of the requirements, the technical considerations, and the usage of ultrasound in frequent dermatologic applications such as skin cancer, inflammatory conditions, vascular and non-vascular benign skin tumors, as well as in nail abnormalities will be discussed. Also, the support of ultrasound in aesthetics will be mentioned and will include the role of ultrasound in the detection and identification of cosmetic fillers and their complications. Clinical, ultrasound, surgical and histological images will highlight the session providing a practical approach.

At the end of the session the participants will acquire an understanding of the applications of non-invasive and real time ultrasound information for studying cutaneous conditions, and the prerequisites for obtaining reliable information using state-of-the-art equipment.
Session VII – Laser & Diagnostic

Day 2 – Friday
November 20, 2015

Dr. Gkritzas Konstantinos
Dermatologist Cosmetic Surgeon, Head Dermatologist at Al Najat Medical Center, Kuwait, Consultant at Goldman Clinic Brazil and Milano Estetica Italy, Greece

Time
14:15 – 14:30
Genitic Test in Anti Aging Medicine

Dr. Ahmed M. Sadek
Dermato-Venereology Specialist, Cairo Hospital for Dermatology & Venereology (AlHaud AlMarsoud), Egypt

Time
14:30 – 14:45
Dermoscopic Evaluation of Skin Aging

Outlines
- Understanding Dermoscopy Basics
- Elucidating Clinical Aspects of Photoageing
- Methodology of Dermoscopic photoaging scale application

Abstract

Content: Photoaging describes those changes in clinical, histologic, and functional characteristics of older skin that can be observed in habitually sun-exposed areas. Dermoscopy is noninvasive optical surface microscopy useful for diagnosis of photoaging. Dermoscopic photoaging scale (DPAS) evaluation criteria include yellowish discoloration, white linear areas of scarring, lentigo, hypopigmented-hyperpigmented macules, telangiectases, actinic keratosis, seborrheic keratosis, senile comedones, deep, superficial and criss-cross wrinkles.

Patients & Methods: Thirty two individuals were evaluated for photoaging by clinical, dermoscopic examination and digital imaging of their facial sun exposed areas as forehead, right cheek, left cheek and chin to detect the prevalence of different dermoscopic findings in their lesions.

Results: Thirty two individuals, 7 individuals were grade 2 Glogau, 19 individuals were grade 3 Glogau and 6 patients were grade 4 Glogau.

The grade 2 Glogau individuals were examined and scored mean DPAS of 10.28, grade 3 Glogau individuals scored mean DPAS of 12 while the grade 4 Glogau individuals scored mean DPAS of 18.33.

Photoaging of forehead scored with mean DPAS of 2.8, in right cheek scored with mean of 4.15, in left cheek scored with mean of 4.15 and in chin scored with mean of 1.68.

Conclusion: Dermoscopic photoaging scale (DPAS) is reliable in assessing photoaging in Egyptian patients of skin phototype III & IV.
Session VII – Laser & Diagnostic

Dr. Sugat Jawade
Assistant Professor, MD, JNMC, DMIMS, WARDHA, India

Abstract

Background: Chronic hair loss frequently affects female patients. Majority of patients are affected by female pattern androgenic alopecia (AGA) and telogen effluvium (TLE).

Aims and objective: To compare Tricoscopy findings in female pattern androgenic alopecia (AGA) and chronic Telogen Effluvium.

Material and method: Total 60 clinically diagnosed female patients between age 25-40 years were included in study, 30 with AGA and 30 patients with telogen effluvium. These findings were also compared with tricoscopic analysis in 30 healthy female. AGA was clinically suspected in cases of frontal accentuation (“Christmas tree” pattern), diffuse central or vertex/frontal (male pattern) with sparing of the occiput. The clinical diagnosis of chronic Telogen Effluvium was based on diffuse form of scalp hair thinning longer than 6 months. Statistical analysis was performed with the use of Student’s t-test for paired samples and with analysis of variance (ANOVA).

Result: Density of hair was reduced by 50% in Androgenic Alopecia while in Telogen Effluvium it reduced by 20% in frontal region of scalp. Mean hair shaft thickness was significantly reduced in AGA (0.049±0.005) as compared to Telogen Effluvium (0.056±0.005) with p (<0.001) and healthy females (0.062±0.007). Percentage of Vellus hair (<0.03 mm) was significantly high in AGA (24.2±10%) compared to Telogen Effluvium (11.6±4.1%) and healthy females (6.5±4.1%) p<0.001. Mean percentage of single hair Pilosebaceous unit was highest in AGA (62.5±16.7) than in telogen effluvium (39.9±12.1%).

Conclusion: Tricoscopy is easy, cost effective diagnostic tool in differentiating between AGA and androgenic alopecia.
Session IV – Minimal Invasive Aesthetic

Dr. Alberto Goldman
MD, Plastic Surgeon, Brazil

Laser Assisted Liposuction and Ancillary Procedures for Facial Rejuvenation Brazilian Updates

Learning Objectives

• To present the current trends in less invasive procedures for rejuvenation in Brazil
• To demonstrate the recent advances in this field including laser assisted liposuction
• To emphasize the importance of combined procedures such as laser, dermal fillers, botulinum toxin and less invasive surgical procedures

Abstract

Facial and body rejuvenation is a significant process involved in restoring youthfulness. The introduction of less invasive procedures has increased acceptance of such procedures. Often a combination of different techniques allows individualized treatment with optimal outcomes. Furthermore, this leads to a natural look without a significant downtime.

The presentation aims to demonstrate and review the use of non-surgical and minimally invasive procedures for rejuvenation such as laserlipolysis in Brazil. The current trend includes the use of botulinum toxin type A, dermal fillers, chemical peels, lasers, intense pulsed light and other sources of energy as well as minimally invasive plastic surgeries.

The appropriate evaluation and correct use of these minimally or less invasive techniques led to a younger and healthier look for the treatment of facial aging and body contour.

Dr. Ahmed S. Gaweesh
MBCh, MSc, MD, Consultant, Vascular Surgery & Endovascular Interventions Lecturer, Faculty of Medicine University of Alexandria, Egypt

Modern Venous Therapies: When Function Meets Cosmosis

Abstract

After long decades of limited options available for effective treatment of varicose veins, the situation has finally changed. Lots of research work done together with advances in venous imaging modalities resulted in better understanding of the underlying pathophysiology of venous diseases.

Furthermore, with patient-reported outcomes including quality of life measures becoming as important as clinical outcome, approaches to treatment of venous diseases has radically changed to be more ‘patient friendly’. There are now different well studied minimally invasive interventions (Endovenous laser, RFA, foam sclerotherapy) with proven clinical efficacy and superiority over the old surgeries. With other newer technologies currently in the pipeline (mechanochemical, steam, glue), advances in treatment of venous diseases will most likely continue to grow and flourish hopefully with better outcomes.
Bidirectional Coned Sutures for the Correction of the Gravity Symptoms of the Face. An Overview of 3 Years Experience

Dr. Paraskevas (Vakis) Kontoes
MD, PhD, Head Director Consultant Plastic Surgeon, HYGEIA Hospital, Athens, Greece

Learning Objectives
- Recognize the factors that contribute to hematoma after face lift.
- Describe and apply the current evidence for which technique gives superior results in outcomes after face lift.
- Use the current evidence to determine whether to incorporate fibrin sealant into the practitioner's intraoperative routine, and its effects on bleeding, fluid accumulation, and bruising.
- Explain an approach for controlling blood pressure in the perioperative period after face lift.
- Describe the benefits of controlling nausea and vomiting after face lift.
- Use appropriate measures to reduce the risk of venous thromboembolism when performing face lift.
- Assess the role of different forms of local anesthetic in reducing postoperative hematoma.

Abstract
Bidirectional and unidirectional coned sutures for face lifting

The technique:
- Marking
- Local Anesthesia
- Incision
- Dissection
- Mes anchoring
- Insertion of sutures
- Traction and knots
- Wound closure

Results
- High Patients' satisfaction
- 4-6 days post op period and downtime.
- Long operation (1.5 h)
- Long lasting results especially after retentioning (2 yrs post-op)

Results
- Very high patients' satisfaction.
- Short operation (15-20-min) office based
- Low downtime
- Absorbable sutures and cones
- 12-18 months duration of results
Abstract
Liposuction is currently the most frequently performed aesthetic operation in the world. Despite its widespread popularity, it should nevertheless be stated that it is not trivial surgery, not always benign and not as safe as intimated in the glossy office brochures. Since the initial description of liposuction, numerous changes have taken place. Today, surgical indications are well defined and the liposuction procedure is well codified. However, several surgeons and manufacturers have developed new equipment and techniques.

Tickle Lipo, also known as N.I.L. (Nutational Infrasonic Liposculpture) a patented technique using compressed air in order to drive the tip of the cannula into a 3-dimensional precession movement, called the nutation.

It works by cannulas that vibrate at a 20 Hz frequency in a three dimensional pattern and whip the fat. This action liquefies the fat and allows it to be aspirated through the cannula at the same time. The cannulas are air-powered and create no heat, increasing patient comfort and allowing the fat to be reused, if desired. The nutational movement will also stimulate the collagen synthesis, which will tighten the skin post operatively. The infrasound (low frequency; lower than 20hz) is generated by the nutation beatings and will act as a body anaesthesia on the treated area, which will make the surgery and the recovery more comfortable for the patient.
Abu Dhabi International Conference in Dermatology and Aesthetics

19th-20th November, 2015
Jumeirah at Etihad Towers Hotel
Abu Dhabi, UAE

AIDA WORKSHOPS

Key International Speakers

Dr. Eduardo Krulig
Plastic Surgeon, Aesthetic and Reconstructive Surgery, Aesthetic Medicine, Poland

Dr. Antonio Campo Voegelli
Dermatologist, Department of Dermatology, Director of the Mohs Micrographic Surgery and the Photodynamic Therapy Units, Barcelona, Spain

Dr. Gabor Bartucz
Marketing & Training Manager, EMEA chez Merz Pharmaceuticals, Bern Area, Switzerland

Dr. Antonello Tateo
Specialist in Plastic, Reconstructive and Aesthetic, Milano, Italy

Dr. Jasmina Kozarev
MD, PhD, Consultant Dermatologist, Serbia

Dr. Gkritzas Konstantinos
Dermatologist Cosmetic Surgeon Head Dermatologist at Al Najat Medical Center, Kuwait, Consultant at Goldman Clinic Brazil and Milano Estetica Italy Greece

Dr. Eduardo Krulig

Dr. Antonio Campo Voegelli

Dr. Gabor Bartucz

Dr. Antonello Tateo

Dr. Jasmina Kozarev

Dr. Gkritzas Konstantinos

Workshop Program

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
<th>Accreditation</th>
</tr>
</thead>
<tbody>
<tr>
<td>14:00 – 15:30</td>
<td>Amelan, Modern Depigmenting Techniques and the Care of Hyperpigmented Skins</td>
<td>Dr. Eduardo Krulig</td>
<td>1.5 CME Hours</td>
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<tr>
<td>15:30 – 16:30</td>
<td>The Latest Non-Invasive Technology For Face Lifting with Ultherapy</td>
<td>Dr. Antonio Campo and Dr. Gabor Bartucz</td>
<td>1 CME Hour</td>
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<tr>
<td>16:30 – 17:30</td>
<td>Face Lifting Using Hyaluronic Acid (cross and non-cross linked)</td>
<td>Dr. Antonello Tateo</td>
<td>1 CME Hour</td>
</tr>
<tr>
<td>Day 2 (Friday, 20th November, 2015)</td>
<td>14:00 – 15:00</td>
<td>The Cutting Edge of Aesthetic Laser Applications</td>
<td>Dr. Jasmina Kozarev</td>
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<tr>
<td>15:00 – 16:00</td>
<td>Aqualyx &amp; Alidya</td>
<td>Dr. Gkritzas Konstantinos</td>
<td>1 CME Hour</td>
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</tbody>
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Advanced Technique For Face Lift By Threads

(Not Accredited)
November 19, 2015, 11:00 AM - 12:30 PM

SPEAKER
Dr. Yasser Elassiuty, MD
Conference General Secretary
Consultant Dermatology, Iris Medical Center, Abu Dhabi, UAE
Sponsors & Exhibitors

LEAD

Total Aesthetic and Medical Solutions

PLATINUM

DIAMOND

GOLD

SILVER

BRONZE

BOOTH

MEDIA PARTNERS

OFFICIAL AIRWAYS PARTNER

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10 Things to Know About Abu Dhabi

1. For over 50 years, Abu Dhabi has been transformed from little more than empty desert inhabited by nomadic tribes into a thriving 21st century society.

2. Abu Dhabi is at the heart of one of the world’s most advancing regions. Abu Dhabi city is easily accessible from key European, Asian, African, American and Australian business centres.

3. Abu Dhabi city is the capital of the United Arab Emirates. The wider Abu Dhabi emirate occupies over 80% of the country’s total landmass.

4. Unknown to most, Abu Dhabi is archipelagic with nearly 200 islands dotted along its coast - island-hopping is a popular pastime.

5. Abu Dhabi is on its way to becoming a global cultural centre with the creation of the Cultural District on Saadiyat Island. This 27 square kilometre island lying 500 metres offshore the UAE capital is being transformed into a signature cultural, leisure and residential destination. The island will be home to the largest single concentration of premier cultural institutions including the Zayed National Museum, the Louvre Abu Dhabi and the Guggenheim Abu Dhabi all designed by award-winning international architects.

6. Emirates Palace is one of the world’s most majestic and opulent hotels. Often mistaken as the presidential palace, Emirates Palace is decorated with gold-leaf, marble and hung with almost 1,000 Swarovski crystal chandeliers. Abu Dhabi has an expanding range of other fabulous hotels and iconic buildings including the Yas Hotel, the only one in the world straddling a Formula 1™ race track and the Hyatt Capital Gate.

7. Abu Dhabi offers fantastic leisure activities. Choose from fascinating city tours, desert safaris and tours of our stunning Yas Marina Circuit Formula 1™ track or try your hand at driving it. Play a round of golf on one of three championship-ready, all-grass golf courses or visit the Sheikh Zayed Grand Mosque – the UAE’s most imposing religious and national landmark. Opt for a range of watersports in Abu Dhabi’s warm, calm waters or take a trip to Ferrari World Abu Dhabi, the world’s largest indoor theme park, and board Formula Rossa – the world’s fastest roller-coaster.

8. Visitors can experience an authentic taste of Arabian culture and heritage.

9. Abu Dhabi enjoys a subtropical climate with sunshine almost every day.

10. Abu Dhabi is home to the annual Formula 1™ Etihad Airways Abu Dhabi Grand Prix. This international headline race joins an impressive line-up of world-class events which have enabled the emirate to emerge as a major global events contender. These include the annual Abu Dhabi HSBC Golf Championship, the Gourmet Abu Dhabi gastronomic festival, the Abu Dhabi International Triathlon, Abu Dhabi Arts and the Al Ain Aerobatics Show.

For more information on visiting UAE, please visit www.beforeyoutogoUAE.com
Notes
Abu Dhabi International Conference in Dermatology and Aesthetics

19th-20th November, 2015
Jumeirah at Etihad Towers, Abu Dhabi, UAE

www.aidacongress.com
www.menaconference.com