Welcome from the Chair

Dear Colleagues,

It gives us great pleasure to invite you to the 1st Middle East ‘Hot Topics’ GP Update Course, which will take place in Hilton Hotel, Abu Dhabi on November 3, 2012. SEHA Ambulatory Healthcare Services hosts the ‘Hot Topics’ GP Update Course for the first time in the Middle East to facilitate an opportunity for busy working GPs to discuss common challenges, issues and opportunities across general practice.

The course aims to improve quality, safety practices, effectiveness and efficiency of General Practitioners (GPs) while enhancing their educational opportunity to maintain and stay up to date of best practice knowledge and skills.

Participants will be able to overview the recent developments in the international literature relevant to family physicians, discuss therapeutic controversies, implications for clinical practice and ideas to encourage changes in practice and improve the level of GP Education and support in their particular area.

This course will offer GPs insights on a wide range of topics including Cardiovascular Medicine, Diabetes, Chronic Kidney Disease, Mental Health, Women’s Health, Paediatrics, Men’s Health, Gastroenterology, Chest Medicine, Musculoskeletal Medicine, GP Infectious Disease and the most common problems encountered in everyday clinical practice.

The material is concisely presented by Dr. Simon Curtis, Medical Director NB Medical Education and Tutor in Primary Health Care Sciences, Oxford University, UK followed by Q&A and discussion on therapeutic controversies, implications for clinical practice and ideas to encourage changes in practice.

We are sure that the course will provide you with the best of science and education on all aspects of General Practice.

To review course history in UK, visit http://www.nbmedical.co.uk/.

For more information about the ‘Hot Topics’ GP Update Course, please visit www.menaconf.com

We look forward to welcoming you to Abu Dhabi

Please do not miss this outstanding opportunity!

Dr. Omar Al Jabri
Course Chairman
Course Learning Objectives:
Upon completion of this educational activity, participants will be able to:

- Overview the recent developments in the international literature relevant to family physicians.
- Discuss therapeutic controversies, implications for clinical practice and ideas to encourage changes in practice.
- Improve the level of GP Education and support in their particular area.

Highlighted Topics:
- Cardiovascular Medicine
- Diabetes
- Chronic Kidney Disease
- Mental Health
- Women’s Health
- Paediatrics
- Men’s Health
- Gastroenterology
- Chest Medicine
- Musculoskeletal Medicine
- GP Infectious Disease
- Common skin and ENT problems
- Doctor, I think I’m losing my memory
- Doctor, I’m tired all the time!

Key Speaker:
Dr. Simon Curtis, MBBS, MRCP, MRCGP, DFFP
Medical Director, NB Medical Education and Tutor in Primary Health Care Sciences, Oxford University, UK

Target Audience:
General Practitioners, Family Physicians, ER Physicians, Internal Medicine, Pediatrics, Cardiology, Gastroenterology, Nephrology, Endocrinology, Neurology, Obstetrics & Gynecology, Pediatrics, Urology, Chest Medicine, Orthopedics, Infectious Disease, Dermatology, ENT, Radiology, Pharmacists, Nurses, And all healthcare practitioners interested in the topic.

ACCREDITATION:
This Program has been accredited by Health Authority – Abu Dhabi for 5.5 CME Hours
**Provisional Programme:**
Each session is an overview of recent developments in the international literature relevant to family physicians. The material is concisely presented by Dr Simon Curtis, followed by Q&A and discussion on therapeutic controversies, implications for clinical practice and ideas to encourage changes in practice.

The following broad areas will be covered (programme subject to change):

### 09.30 - 11.00  Session One
- **Cardiovascular Medicine**
  - Hypertension
  - Lipids and lipid management
  - Atrial fibrillation
  - Secondary prevention of IHD and CVA
  - Venous thromboembolism
- **Diabetes**
- **Chronic Kidney Disease**
- **Mental Health**
  - Insomnia and hypnotics
  - Depression, Generalised Anxiety Disorder and Panic

### 11.00 - 11.30  Coffee

### 11.30 - 13.00  Session Two
- **Women’s Health**
  - Controversies with HRT
  - Breast infections
  - Heavy Menstrual Bleeding
  - Early diagnosis of endometrial and ovarian cancer

### 13.00 - 14.00  Lunch

### 14.00 - 15.15  Session Three
- **Gastroenterology**
  - Iron deficient anaemia
  - Irritable Bowel Syndrome
  - Dyspepsia
  - Early diagnosis of colorectal cancer
- **Chest Medicine**
  - Asthma/COPD
  - Sleep apnoea
- **Musculoskeletal Medicine**
  - Chronic non-cancer pain
  - Low back pain
  - Inflammatory arthritis
  - Neck pain
  - Osteoarthritis
  - PMR and GCA
  - Gout

### 15.15 - 15.45  Tea

### 15.45 - 16.45  Session Four
- **GP Infectious Disease**
- **Common skin and ENT problems**
- ‘Doctor, I think I’m losing my memory’
- ‘Doctor, I’m tired all the time!’

### 16.45 to 17.00  Plenary
Overview, conclusions for the day, future developments
**DELEGATE REGISTRATION FORM**

**CONFERENCE NAME:** The 1st Middle East ‘Hot Topics’ GP Update Course  
**DATE:** November 3, 2012  
**LOCATION:** Hilton Hotel, Abu Dhabi

Pre-registration is required as limited seats are available

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